

A Publication of Cotton Electric Cooperative Inc.

A Touchstone Energy® Cooperative \*\*



NUMBER 4

### "The Current - Informing Our Members Since 1957"

November 17, 2014 **VOLUME 58** 

Bray Missionary Baptist Church • United Way of Stephens Bray Missionary Baptist Church • United Way of Stephens County • Cotton County Graduated Sanctions • Youth Services of Stephens County • Cotton County Museum Association • Indiahoma Ag Boosters • Velma Lions Club • Duncan Kiwanis • Elgin National Junior Honor Society • Gabriel's House • Cache Ag Boosters • Stephens County Sheriff Reserves • Walters VFD • Teen Round-Up • Geronimo • American Red Cross • Geronimo Elementary • Christian Helping Hands • Corum VFD • Cox's Store VFD • Porter Hill VFD • Holy City of the Wichtas • First United Methodist Church of Walters • Walters High School • Duncan Sepior Citizens Center • Lawton Food Bank • Gabriel's Duncan Senior Citizens Center • Lawton Food Bank • Gabriel's House • Geronimo Boy Scouts • Oasis of Hope • Youth Services of Stephens County • Medicine Park • Temple Chamber of Commerce • Cache Ag Boosters • FBC of Elgin • First Bank and Trust • United Way of Stephens County • Christian Family Counseling Center • Stephens County Christmas Dinner • Bray City Park • Cotton County Graduated Sanctions • Kidtopia Playground Project • Faxon • Prairie House Foundation • Playground Project • Faxon • Prairie House Foundation • Central High School • Mark Twain PTO • Lawton-Ft. Sill Habitat for Humanity • Bray VFD • Chattanooga VFD • Devol VFD • Geronimo VFD • Hastings VFD • Oakridge VFD • Critter Creek Therapeutic Riding Fund • Duncan AMBUCS • Duncan Little Theatre • Learn and Serve Duncan • Stephens County Museum • Cotton County Sheriff Reserves • Big Pasture School Library • Marlow Senior Citizens Center • Empire VFD • Randlett VFD • Walters VFD • Wichita Mountain Estates VFD • Chisholm Trail Arts Council • Lawton Area Reading Council • Stephens County Humane Society • Veterans Services Center • United County Humane Society • Veterans Services Center • United Way of Lawton-Fort Sill • Walters Middle School G&T Program Roadback Inc. • C. Carter Crane Emergency Shelter • Walters Volunteer Ambulance Service • Elgin High School • Tri-County Nutrition Program • Addington VFD • Central High VFD • Meers VFD • Velma VFD • Learn and Serve Duncan • Specialized Alternatives for Families and Youth • Toy Shop of Duncan • Loco Cemetery · Stephens County Humane Society · Corum VFD · Grace Fellowship Church • Comanche County Nutrition Project
• Bethel Road VFD • Edgewater Park VFD • Waurika VFD •
Armed Services YMCA • J. Roy Dunning Children's Shelter •
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Walters Senior Citizen Center • Empire VFD • Loco VFD • Tri-County Interlocal Coop-Walters • Youth Services of Stephens County • Velma Lions Club • Elgin High School Reading Initiative • Duncan Rescue Mission • Habitat for Humanity - Duncan • Oakridge VFD • Temple VFD

• Hannah's Hearts • Hospice of S.W. Oklahoma • Stephens County Health Dept. • Chattanooga

• Cache Schools Alumni Association • Duncan Fire Department • Sterling Public Schools • Bray-Doyle

Schools • Cancer Centers of Southwest Oklahoma • Prevent Blindness Oklahoma • Meridian Ped • Chattanooga Regional Hospital Health Foundation • Specialized Alternatives for Families and Youth • Medicine Park • Chattanooga Regional Hospital Health Foundation • Specialized Alternatives for Families and Youth • Medicine Park • Chattahooga Schools • Empire Public Schools • Ryan Public Schools • Bray Senior Citizens Community Food Pantry • Christian Helping Hands • Marlow Samaritans • Stephens County Humane Society • Stephens County Sheriff • Waurika VFD • Stephens County Science Fair by Duncan Optimists • Central High Food Pantry • Armed Services YMCA • Cotton County Sheriff • Great Plains Improvement Foundation • Jefferson County Hospital • Velma Ambulance Service • Chisholm Trail Arts Council • Duncan Public Library • Elgin Rodeo Association • Holy City of the Wichitas • Velma • Christian Family Counsel Genter Christian Helping Hands • Chattanooga VFD • Comanche VFD • Fiesta in Fuqua • Hearts That Care Volunteer Health Clinic • Stephens County Honor Guard • Comanche Public Schools • Bray-Doyle Schools · Central High School · Duncan Regional Hospital Health Foundation · Amvets of Oklahoma · American Red Cross · Edgewater Park VFD · Geronimo VFD • Specialized Alternatives for Families and Youth • Cotton County Department of Human Services • Velma Community Outreach Center • Walters Elementary School • Marlow VFD • Chisholm Trail Big Pasture Parent-Teacher Org. • Heritage Center • Hannah's Hearts Women's Haven • Antioch Missionary Elementary School • Prevent Blindness Marlow Samaritans • Temple Chamber of Commerce •
 Baptist Church • First Assembly of God, Elgin • Sterling Oklahoma • Meridian VFD • Camp Lu-Jo KISMIF, Inc. • New Hope Baptist Church West • Faxon Walters Chamber of Commerce • Douglass Eastside Senior Citizens Center • Duncan Senior Citizens Center • Lawton Food Bank • Edgewater VFD • Elgin Community Library • Holy City of the Wichitas • Medicine Park • Walters Rotary Doyle Band • Bray-Doyle Schools • Central
Health Foundation • Delta Senior Nutrition
Alternatives for Families and Youth • Teen
• Bethel Road VFD • Cox's Store VFD Club · Big Pasture School Library · BrayHigh School · Duncan Regional Hospital

· Hastings VFD · Sterling VFD · Specialized
Court · OSU FD. Might Magnetain • Devol VFD • Temple VFD • Wichita Mountain Estates VFD • Duncan Foursquare Gospel Church · First United Methodist Church of Cache · Chattanooga Public Schools • Christians Concerned • Edgewater Park VFD • Porter Hill VFD • Chattanooga Grandfield Ambulance Service · Roadback, Inc. · Great Plains Improvement Foundation • Prevent Helping Hands • Girl Scouts of Western Oklahoma • of Human Services • Big Pasture Public Schools • Citizens Center • Jefferson County Hospital • Specialized Elgin Community Library • Power Shop, Inc. • Indiahoma Comanche Academic Team · Grandfield Senior Alternatives for Families and Youth . Friends of Elementary School • Sterling Elementary School • Cotton County Sheriff • Temple Area Food Pantry • Velma Community Outreach Center • Devol VFD • Hulen VFD • Meers VFD • Randlett VFD · Chisholm Trail Heritage Center · Central High · Stephens County Humane Society • Comanche Middle School • Empire Schools & Boy Scout Troop #4417 • Bray-Doyle Baseball Team
• Fiesta in Fuqua • Chattanooga • Indiahoma • Leadership Duncan XVI • Duncan Senior Citizens Center • Prevent Blindness Oklahoma • United Way of Stephens County • Camp Lu-Jo KISMIF, Inc. • Chisholm Trail Arts Council • First Christian Day Care • Girl Scouts of Western Oklahoma • Regional

Food Bank of Oklahoma • Specialized Alternatives for Familias and Youth • Temple Chamber of Commerce • Central High Elementary School
• Walters Elementary School • Bray Senior Citizens Community Food Pantry • Empire VFD • Valleyview VFD • Teen Court • Tri-County
Interlocal Coop-Walters • Stephens County Christmas Dinner • Walters, City of • Waurika Chamber of Commerce • CU International Club
• Geronimo FFA • Indiahoma Public Schools • Indiahoma Public Schools • Velma-Alma Public School • Douglass Eastside Senior
Citizens Center • Duncan Community Residence • Chisholm Trail Heritage Center • Elgin 4-H Club • Smart Start/United Way
of Stephens County • Chattanooga • Cotton County 4-H • Stephens County Humane Society • Walters Food Pantry • Big
Pasture ISD • Empire Public Schools • Temple Elementary School • Walters Senior Citizen Center • Velma-Alma

FFA & 4-H Roosters • United Way of Southwest Oklahoma • Stephens County Crime Stoppers • Meers VED FFA & 4-H Boosters • United Way of Southwest Oklahoma • Stephens County Crime Stoppers • Meers VFD Fiesta in Fuqua
 Girl Scouts of Western Oklahoma
 Regional Food Bank of Oklahoma
 Waurika Public Library, Friends of • American Red Cross - Great Plains Service Center • Indiahoma Big Pasture School Library • Empire Public Schools • Walters Public Schools
 • Christians Concerned • Comanche County Memorial Hospital EMS •

Lovesick Ministries • Temple Area Food Pantry

## ORU, CECF pass another milestone

By Karen Kaley

tions that have made a very significant impact for a decade.

Up (ORU) and the Cotton Electric Charitable Foundation (CECF) have been making a difference in southwest Oklahoma for 10 years.

When introduced to Cotton Electric members in 2004, the concept of Operation Round Up was already 15 years old, having started at Palmetto

things that have the largest impact principle of "Concern for Commu- area. over time. Through Operation Round nity," the program was adopted by Up, Cotton Electric members have a co-ops across the country as a way Electric Cooperative's program and simple way to make small contribu- to prove that those are more than just knew there were unmet needs in our words.

Nationally, this year marks the 25th That's right, folks. Operation Round anniversary of Operation Round Up. The program is established in 252 electric co-ops. All that spare change keting. has added up to several hundred million dollars in assistance to charitable ciously approved the program, and causes around the country.

> Locally, CECF has issued 343 grants and has distributed more than three-quarters of a million dollars in

Electric Cooperative in Hardeeville, ORU funds in an effort to improve the ranging from \$100 to \$10,000 have Sometimes it's the simple, small S.C. The embodiment of the co-op quality of life throughout the service gone to both large and small organiza-

> communities," said Jennifer Meason, who worked with co-op management in 2004 to establish the program and is now Cotton's vice president of mar-

> "The Cotton board of trustees gra-I'm proud of what we have accomplished over the past 10 years."

> The variety of grants issued over the past 10 years is remarkable. Amounts

tions. Beneficiaries have ranged from "We were inspired by Oklahoma entire communities to individuals with special needs.

ORU funds have purchased basic equipment and paid for facility upgrades to help community agencies carry out missions. They now have tables for sorting, computers for tracking, refurbished vinyl floors and roofs that don't leak.

ORU funds have put food in backpacks, baskets and bellies of schoolchildren, senior citizens and many others who are nutritionally insecure.

See Decade, Page 6

# May the good things of life be yours in abundance, not only at Thanksgiving but throughout the coming year. The Board of Trustees and Employees of Cotton Electric Cooperative

### Power Cost Adjustment Calculated

The power cost adjustment (PCA) applied to bills mailed after Nov. 1 is \$0.01073 per kWh.

On a member's average bill of 1500 kilowatt hours (kWh), this will amount to a charge of \$16.10 on the November bill.

October 2014 Temperature Extremes											
Day	High	Low	Avg.	Day	High	Low	Av				
1	96	70	83	16	92	45	69				
2	85	56	71	17	82	60	7				
3	74	43	59	18	76	52	64				
4	81	39	60	19	74	55	6:				
5	90	47	69	20	84	53	69				
6	92	60	76	21	83	54	69				
7	99	57	78	22	78	52	6:				
8	92	59	76	23	81	61	7				
9	92	69	81	24	88	55	72				
10	82	53	68	25	92	53	7.				
11	63	48	56	26	91	52	72				
12	82	43	63	27	88	59	74				
13	68	53	61	28	75	47	6				
14	76	46	61	29	75	37	50				
15	80	44	62	30	81	43	62				
Source: srh.noaa.gov/oun/				31	63	41	52				
	Averag	e Daily	<i>High:</i> 82	Average Daily Low: 52							

### Did You Know?

Cotton Electric offices will be closed Thursday, Nov. 27, and Friday, Nov. 28, for the Thanksgiving holiday. Emergency calls will be answered at 580-875-3351 or 800-522-3520.

The December issue of The Current should arrive in mailboxes on Dec. 15, 2014.

Cor	recte	d Sep	tembei	r 2014	Tem	perat	ures				
Day	High	Low	Avg.	Day	High	Low	Avg.				
1	102	76	89	16	91	70	81				
2	100	77	89	17	94	70	82				
3	99	76	88	18	86	70	78				
4	99	73	86	19	90	67	79				
5	97	69	83	20	90	71	81				
6	69	63	66	21	94	67	81				
7	85	64	75	22	84	62	73				
8	93	68	81	23	86	57	72				
9	100	73	87	24	86	60	73				
10	96	71	84	25	87	57	72				
11	80	66	73	26	87	55	71				
12	69	55	62	27	87	64	76				
13	68	51	60	28	87	59	73				
14	77	59	68	29	88	58	73				
15	88	68	78	30	91	63	77				
Source: srh.noaa.gov/oun/											

Average Daily High: 88 Average Daily Low: 65

## Leadership group soldiers for a day

During November, we make it a priority to reflect on the many blessings bestowed upon us and to observe Veterans Day. We are very fortunate to live in the great state of Oklahoma and enjoy the freedoms we have as Americans. A recent experience has expanded my view of these freedoms and the young men and women who serve our country.

I have the privilege of joining 50 outstanding individuals from across our great state in the 2014-15 Leadership Oklahoma program. Over the next year, we will discuss social, environmental and economic issues facing Oklahoma.

Our most recent session was held at Lawton-Fort Sill. The primary focus was the impact of military installations in our state and the challenges facing our military. The Lawton-Fort Sill planning committee developed a dynamic and in-depth program for our class. Kudos to all who participated from our surrounding communities.

After a reception and performance by the Field Artillery Half Section and Costello's Own Bagpipe Corps, we met our hosts for the weekend, the 434th Field Artillery Brigade. The brigade's motto is "Service with Pride" and the soldiers exemplified that motto.

### MEMBERSHIP MATTERS

By Jennifer Meason

Battalion for our "basic training" and were transported to the barracks. We to the mental and physical rigors that new recruits encounter. Our hosts did an excellent job of training the Leadership group – the majority of whom are inexperienced civilians – and demonstrating how to transform "civilian volunteers into disciplined, motivated and fit soldiers."

0500 wake-up call for physical training with the soldiers. This experience was the highlight of the weekend for me. A few of my classmates and I joined a graduating unit for their Morale Run. Running alongside the soldiers as they sang their cadences filled our hearts with pride. I wish I could that one.

with them about their experiences during basic training. These young

We were introduced to our drill ser- men and women, all of whom have geants from the 1-31st Field Artillery volunteered to serve our country, are exceptional.

The rest of the day was non-stop, jumped headfirst into an introduction consisting of issues briefs, a convoy demonstration and live fire exercises. We stopped briefly for a field lunch of MRE's (meals ready to eat) and returned to Post for simulator demonstrations and discussions focusing on the potential effects of sequestration to the military's budget.

The day quickly came to an end as Lights out came early due to our we observed the Retreat Ceremony and learned more about Fort Sill's unique history at the Old Post Quadrangle. History buffs should definitely place the Fort Sill National Historic Landmark and Museum on their must-

We moved the next day to my alma mater Cameron University. After takbegin every morning with a run like ing a moment to digest the experience, we had the opportunity to dis-We also had the opportunity to eat cuss what we had learned. Overall, we breakfast with the soldiers and speak agreed this experience was phenomenal. Growing up in the Lawton-Fort Sill community, I have always valued



Decked out in military gear during recent Leadership Oklahoma activities, Jennifer Meason said of the experience, "I have a lot of respect for the soldiers who wear this gear and a lot more in the field. Those vests and plates are heavy!"

the men and women who serve our country. However, this session forever deepened my appreciation for the sacrifices made in order to keep us safe.

Many thanks to our veterans, military and civil service personnel and the families who keep the home-fires burning. We are indebted to you, and your cooperative thanks you.

## Keep holidays happy using these cooking safety tips

The kitchen is the heart of the home. Sadly, it's also where two out of ev- hood and duct over your stove on a ery five home fires start. Many home regular basis. fires occur during what's supposed to be the happiest time of the year – the holidays.

Thanksgiving, Christmas Christmas Eve hold a tradition of cooking, and safety should always be considered in the kitchen. As we embark on the holiday season, Cot-Foundation International (ESFI) urge you to use these simple safety tips to identify and correct potential kitchen the sink. hazards:

- Never leave cooking equipment ground fault circuit unattended, and always remember to (GFCI)-protected outlets. turn off burners if you have to leave the room.
- •Supervise the little ones closely in the kitchen. Make sure children stay at tertop appliances when not in use. least three feet away from all cooking appliances.
- Prevent potential fires by making sure your stovetop and oven are clean and free of grease, dust and spilled food.

- Remember to clean the exhaust
- •Keep the cooking area around the stove and oven clear of combustibles, such as towels, napkins and pothold-
- Always wear short or close-fitting sleeves when cooking. Loose clothing can catch fire.
- •To protect from spills and burns, ton Electric and the Electrical Safety use the back burners and turn the pot handles in, away from reaching hands.
  - Locate all appliances away from
  - Plug countertop appliances into interrupter
  - •Keep appliance cords away from hot surfaces like the range or toaster.
  - •Unplug the toaster and other coun-
  - •Be sure to turn off all appliances when cooking is completed.

For more important safety tips to keep you and your family safe this holiday season and throughout the year, visit www.esfi.org.



www.esfi.org 🚯 facebook.com/ESFI.org 🤒 twitter.com/ESFIdotorg



### **Energy Efficiency**

# Tip of the Month

To save energy this month, try lowering your water heating costs. Water heating accounts for 14 to 25 percent of the energy you consume. Turn the water heater's temperature to the warm setting, which is around 120 degrees Fahrenheit. This will save energy and help you save on your monthly bill.

Source: U.S. Department of Energy



### **Mission Statement**

Our mission is to be the leader in providing the most reliable and innovative electric system, with affordable rates, through the positive, enthusiastic and professional use of its resources and people.

## **September 2014 Operating Stats**

2014 2013 Total Amount Billed/Accrued \$6,064,782 \$5,501,766 Cost of Purchased Power 4,436,102 3,884,762 Taxes 128,486 112,862 Total Operating Expense Per Mile 1,169 1,097 Average Farm and Residential Bill 144 138 Average Farm and Residential kWh 1,248 1,330 Total Meters Billed (farm, residential) 18,280 18,113 Miles Energized 5,148 5,128 Density Per Mile 3.55 3.53 New Service Connects YTD 270 282 Services Retired 125 155

## The Current

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## Community Spotlight



If you would like your community event listed in the December issue, please submit information by Dec. 1 by calling 580-875-4259 or send an email to info@cottonelectric.com.

#### **Stephens County hosts Rising Star**

Stephens County Fairgrounds will host the 13th annual Rising Stars of Calf Roping, a premier event featuring more than 500 of the most talented ropers in the nation. Activities will take place Nov. 27 through 30.

Thursday opens at 8 a.m. with 12 and Under Tie-Down. All-Star Calf Roping begins at 3 p.m. A Thanksgiving meal will be served all day.

Friday's activities begin at 8 a.m. with 12 and Under Breakaway. The 13-15 Tie-Down begins around 2 p.m. Saturday starts with 13-15 Breakaway at 8 a.m., with 19 & Under Girls

Breakaway set to begin around 2 p.m. Cowboy Church service begins at 8:30 a.m. Sunday, and 16-19 Tie-Down follows at 9:30 a.m.

For information, visit Rising-StarsCalfRoping.com.

#### **CTAC** presents Bryan White

Chisholm Trail Arts Council presents Lawton native Bryan White at 7:30 p.m. Dec. 5 in the Simmons Cen-

White has charted 17 singles on Billboard's Country Charts, had six number one singles, two platinum records and two gold records. His duet with Shania Twain on "From This Moment On" made it to number four on Billboard's Hot 100 Chart. White has garnered several awards, including a Grammy, a CMA Horizon Award, and an ACM Top Male Vocalist award.

Tickets are available at Chisholm-TrailArts.com; the CTAC office, 810 West Walnut; or at the box office. Call 580-252-4160 or visit the website for more information.

### **Christmas Bazaar in Duncan**

Crafts, baked goods, Christian articles, gifts and books are some of the goodies to be found at the Christ-Catholic Church in Duncan. Christmas shoppers won't want to miss this event from 4 to 8 p.m. Dec. 5, 10 a.m. to 7 p.m. Dec. 6, and 11 a.m. to 5 p.m. Dec. 7 at 711 W. Hickory.

There will be a concession full of tasty treats for hungry shoppers.

### LCT presents 'The Game's Afoot'

Lawton Community Theatre's second offering of the season features danger and hilarity in "The Game's Sherlock Homes, 1930s star William Garden Club member. Gillette assumes the role of the great detective offstage when a weekend of MaryAnn Holman at 580-875-3720 or revelry becomes the setting for a reallife mystery.



It's the time of year for parades, tree lightings and special musical presentations. Holiday events are planned throughout the Cotton Electric service area. See a listing of Holiday Happenings on Page 3 of our special Holiday Guide.

Performances are at Dec. 5-7 and Dec. 11-14 in the John Denny Playhouse, 1316 NW Bell Avenue.

For information, visit LCT-OK.org or call 580-355-1600.

#### **Aequalis tour features two homes**

Two homes will be featured in the annual Aegualis Christmas Open House Tour from 1 to 4 p.m. Dec. 7 in Duncan.

Featured stops include the home of Paul and Susan Scott, 4505 Copperwood. This home is located in the Hickory Hills Addition, 7/10 mile west of U.S. 81 Highway on Camelback Road.

The home of Lance and Staci Strickland also hosts the Elf & Co. Sweet Shoppe and Marketplace, offering homemade baked goods and gift selections. The home is three miles east of U.S. 81 on the south side of the road at 284851 East Camelback.

Tickets for the tour can be purchased in advance from any Aequalis member or at The Loft, The Ginger Jar, Sumac Trading Company or Dear Friends in Duncan. Tickets can be purchased at either of the featured houses on the day of the event.

### Dahlia home tour is Dec. 13

Walters Dahlia Garden Club is makmas Bazaar hosted by Assumption ing plans for a Christmas Home Tour set for Dec. 13. This is the third year the group has hosted the event, which begins at 2 p.m. and ends at 7.

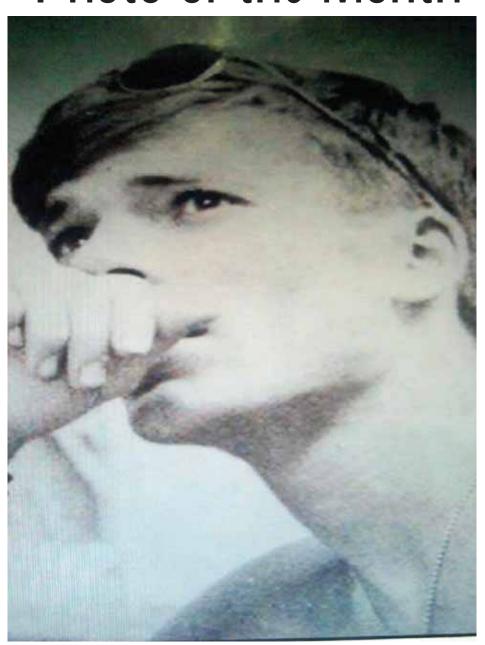
The tour features four homes in Cotton County. Maps will be available at the first stop on the tour, Cotton County Drug, 631 E. Missouri in Walters. There will be refreshments and a bake sale.

Tickets are \$10 in advance and \$12 at the door. Tickets can be purchased at Cotton County Drugs, Buzzin' Afoot." Renowned for his portrayal of Around Flowers or from any Dahlia

> For information, call tour chairman club president Melanie Spence at 580-483-9712.

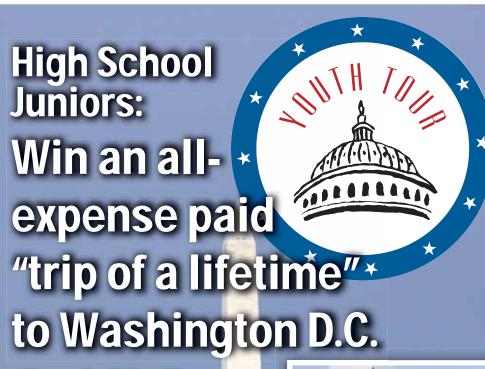
### is for OUTHPOWER TO THE STATE OF THE S Eighth-Graders! Join us at the beautiful Canyon Camp near Hinton, where you'll experience the exciting world of rural electricity. Volleyball, Swimming and Hiking Safety Demonstrations Operate a Cooperative Trivia Contest Call 580-875-3351 for details.

## Photo of the Month



**Cotton Electric member Trudy Knight submitted this photo in** our Veterans-themed contest. This photo of SP4 Regg K. "Pat" Patterson was taken June 6, 1970, in Vietnam. He served as a LRRP/sniper in the U.S. Army, 101st Airborne. Trudy said, "Pat and I spent 14 years, 4 months, and 6 days together before he lost his battle with Agent Orange-related lupus on Jan 6, 2011." Thank you, Pat, for your service, and thank you, Trudy, for sharing the photo.

Enter your "best shot" in our Photo of the Month contest. Theme for December is Holiday. Entries can be emailed to info@ cottonelectric.com or mailed to The Current, 226 N. Broadway, Walters, OK 73572. Winners will receive a Cotton Electric prize package of CEC goodies.



**Travel with other** teens from across Oklahoma on the **Rural Electric Youth Tour** June 12-18, 2015





**Check with your English** teacher or counselor for details, or call us at 580-875-3351



## Law man

### Doolin keeps co-op on the straight and narrow

By Karen Kaley

Cotton Electric members who have attended district and annual meetings may have noticed a gentleman seated behind the podium, often in quiet discussions with the coop's CEO or trustees. He rarely addresses the members, but ful as the first. he is always there.

ing sure the meeting is carried out well.

Cotton Electric Cooperative is a business that is owned and democratically controlled by the people who use it, the members. Members gather from time to time to conduct official cooperative business.

Aside from the annual membership meeting, there are triennial district meetings and monthly meetings of the nine members serving as the co-op's board of trustees.

These are important meetings, where members can actively participate in setting policies and making decisions. The weight of those decisions can be such that it is essential for the meetings to be carried out according to co-op bylaws.

That's where Doolin comes in. He's the fellow seen more than heard, sitting near the front. During district meetings, he quietly guides chairmen and secretaries through their roles. During annual meetings, he observes registration of members and verifies the presence of a quorum.

The co-op board hired Doolin to serve as its attorney in March 1983. In addition to 31



### **Spotlight**

Bill Doolin

annual meetings since then, way the co-op conducts busihe has been present for 93 district meetings. Of all of those meetings, none was as event-

"That first district meet-That's our Bill Doolin, mak- ing was in Geronimo," he recalled. "Members showed up in busloads. A quorum was present, and I was tasked with responsibility of providing parliamentary procedure."

> Doolin described the quorum system as the only feature Doolin carries out his primary wholly unique to the cooperative business model. A quorum is the minimum number gal guidance or research, the of members that must be present at any business meeting to make the proceedings of that meeting valid.

Cotton Electric bylaws define a quorum as 5 percent of the members in a district for those meetings and 5 percent of the entire membership for ers well. annual meetings. Doolin explained that means at least 5 percent of the members have to care enough to want to make a change. It keeps very small turnouts from determining very big outcomes.

Doolin said there have been very few instances during his time with the co-op when a quorum was present for a district meeting.

"At all but one that fielded a quorum – that first one – the incumbent was re-elected."

He feels that will be the case as long as the cooperative members are satisfied with the

ness. To that end, Doolin said, everyone at the co-op, from the CEO on down, will do all they can to solve members' problems.

"Cotton's trustees are truly dedicated to reasonable rates and top-grade maintenance. I am here to facilitate that in any way I can legally contrib-

During trustee meetings, duty as attorney for the board.

"When the co-op needs leboard generally turns to me," he said.

He has worked alongside five co-op managers during his tenure, each having a different style that suited the times. It's his opinion the co-

"There was no bad guidance from any of them."

Early in his service to the co-op, Doolin was encouraged to attend legal seminars run by Bill Crisp, who Doolin described as "the absolute godfather of proper co-op attorney ethics and solutions."

These annual sessions helped Doolin get a sense of how co-ops work from a legal perspective. He learned a lot about the genesis of rural 1930s and points out that coops owe a lot to "Congressio-



Bill Doolin and his wife, Linda, at Cotton's annual meeting.

of Texas, who really champi- good for the communities oned the rural electric cause they serve beyond keeping the and brought it to fruition."

The Lawton resident is not op board has chosen manag- a co-op member, but Doolin is probably more knowledgeable about the co-op's history and intricacies than most. He pointed out Cotton Electric has more miles of power line than the combined cities of Muskogee and Lawton.

He said power rates in Oklahoma are among the lowest in the nation. Doolin said that even though there is a difference between Cotton's rates and the state's investor-owned utilities (IOUs), the co-op's rates are lower than other coelectric programs during the ops and lower than a number of IOUs in the U.S.

nal godfather Sam Rayburn ral electric cooperatives are they will let me."

lights on.

"Co-ops increase the median income of rural communities. Their economic function contributes to the well-being of communities.

"They offer good pay for an honest day's work."

Doolin's work for the co-op is in addition to his solo civil practice, which he is scaling

"From 1971 to the present, I have put in my time. So I'm going to phase back to just giving advice."

However, he plans to remain just as active with the co-op.

"Over all, it's been quite a ride in the co-op business and Doolin pointed out that ru- I intend to stay for as long as







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## Charitable Giving Pays Off ... for Everyone

Americans are pretty generous — in fact, 83% of us donated money to charitable organizations last year, according to a Gallup survey. And now that we're entering the holiday season, charitable giving well may be on your mind. Your key motivation for making charitable gifts, of course, is to help those organizations whose work is meaningful to you. However, by supporting these groups, you can also make life less "taxing" for yourself.

Specifically, by making charitable contributions, you may be able to receive some valuable tax breaks. To claim a deduction, though, you need to itemize your taxes, and you need to make sure that the organization you're supporting is qualified, from a tax-deductibility standpoint. If you're unsure whether a group is qualified, just ask to see its letter from the IRS. (Many organizations now post these the stock yourself.

Here's how the charitable tax deduction works: If you give \$200 to a qualified charity, and you're in the 25% tax bracket, you can deduct \$200, with a tax benefit of \$50, when you file your 2014 taxes. Consequently, the net "cost" of your donation is just \$150 (\$200 minus the \$50 tax savings).

Of course, you are not confined to making cash gifts. In fact, if you donate certain types of noncash assets, you may be able to increase your tax benefits. Suppose you give \$1,000 worth of stock in ABC Company to a charitable group. If you're in the 25% bracket, you'll be able to deduct \$250 when you file your taxes. And by donating the ABC stock, you can avoid paying the capital gains taxes that would be due if you had eventually sold

Keep in mind that if you want to deyear, you'll need to make your gifts by Dec. 31. One more reminder: Retain your paperwork. If you made gifts totaling over \$250 to any single charity — or noncash contributions of any items worth over \$500 — the IRS requires written acknowledgments for your contributions.

If you want to take a longer-term approach to charitable giving, while incorporating your gifts in planning for your estate, you might want to consider establishing a charitable remainder trust. Under this arrangement, you'd place some assets, such as stocks or real estate, into a trust, which could then use these assets to pay you a lifetime income stream. When you establish the trust, you may be able to receive an immediate tax deduction based on the charitable group's

duct your contributions for the 2014 tax charity is likely to ultimately receive. (This figure is determined by an IRS formula.) Upon your death, the trust would relinquish the remaining assets to the charitable organization you've named. This type of trust can be complex, so to create one, you'll need to work with your tax and

legal advisors. While the tax benefits associated with charitable giving are significant, they should not, ultimately, drive your gifting decisions. You should also consider the effect your gift will have on the other areas of your estate considerations — so make sure you communicate your plans to your family members.

In any case, though, be as generous as you can this holiday season and in the years to come. Your generosity will be a rewarding experience — for everyone.

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Lynn Bailey

### Johnson & Johnson Locksmith & Door Co., Inc.

10% discount on services. Mention card before parts are ordered

## New service line, location, name ... ... same security experts

By Karen Kaley

years since Johnson & Johnhas happened since April 2011 – new location, new it's time for an update.

lene Johnson moved the shop blocks to its location at 1913 Anthony stands in the middle and added Door to our name. of the expanded showroom and calls it his dream facility.

"This place encompasses beautiful large showroom serving as a nice waiting area plenty of room in the techhad no trouble filling up extra room in the back."

He gives credit for the showroom's handsome appearance to Chearlene, who now serves the business as a chief operating officer, overseeing human resources and bookkeeping.

She also carries the very important role of Nana, keeping an eye on grandkids after school. The new location includes a space just for them.

With the move came the It's been more than three name change, which serves two purposes. Johnson and son Locksmith was featured Johnson Locksmith and Door as the Co-op Connections Co., Inc. adds the new product partner in The Current. A lot line and smooths the way for future changes.

The business has always name, new service line - and offered security doors, but through the years, potential In the past couple of years, customers would ask about owners Anthony and Chear- automated doors, too. "We identified a need in southwest across the street and down two Oklahoma," Anthony said, "so we got the training, ex-NW Cache Road in Lawton. panded the service we offer

"We offer no-touch doors, the type that slide or swing, and can be handicap-operateverything we do. It has a ed. We provide installation, service and repair."

That's in addition to a wide for our customers. There's variety of security devices that includes keys of all colors nicians' work areas, and we and sizes, locks, reinforced doors, keypads, surveillance cameras, safes, padlocks, key tags, deadbolts and stun guns.

> The other part of the name change has to do with incorporation, a business move which, among other things, will help with the gradual transfer of operations to the Johnsons' son, Anthony. The father and son are also known as "Big Ant" and "Little Ant" when clarity is needed.



Gun safes and security gadgets are among the many items found in the showroom at Johnson & Johnson Locksmith & Door Co., Inc. at 1913 NW Cache in Lawton, Anthony Johnson said the new location is his dream facility.

This is truly a family busias senior technician, brotherin-law. Earl Glover IV is shop manager and road technician. Gary Culhane, locksmith and security key." all-around technician.

Another son, Aundre', manages the shop's digital presence on Facebook and Twitter where they offer security tips for homes and businesses. http://jilocksmithok.com.

Security tips are an important part of what the experts at Johnson and Johnson Locksmith and Door offer. "We ofon security. Because of that, we have return customers."

As an example, Big Ant ness. In addition to Little Ant said, "Take a picture of your panicked. First thing they do keys. If you lose a key we can make a new one from the photo, as long as it's not a high-

> That tip also carries a caution: Don't leave your keys laying around for someone else to take a picture.

for those bits of advice. An-They also have a website: other free service involves releasing small children from locked cars, which Anthony said happens at least once a Connections card when they

fer professional, honest advice that, we drop what we're do- 10 percent discount on all sering and go, even if we have to close the shop.

"Most times, the mom is when doors open, is grab the child, hug them and cry.

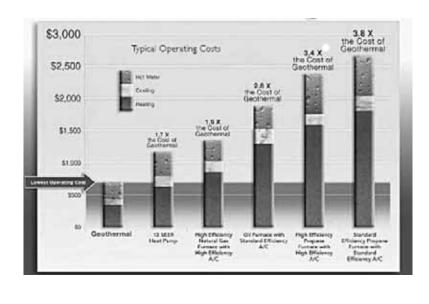
"That's reward enough, the satisfaction of seeing that embracing moment. I can't charge for that."

To reach Johnson and Johnson Locksmith and Door, the He said they don't charge numbers to remember are easy: 355-KEYS, 353-KEYS or 355-DOOR.

Cotton Electric members should mention their Co-op first contact Johnson and "When we get a call like Johnson Locksmith to get a vices. Please mention the card before any parts are ordered.

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turn to the experts

## CECF service fulfills a passion

By Karen Kaley

As with many adventures in volunteerism, it all started with a question: Would you like to help?

Carly Douglass got that call nearly eight years ago from Cotton Electric Trustee Charles Spencer. Today, she is the senior-most volunteer on the Cotton Electric Charitable Foundation (CECF) board of directors.

The board consists of five individuals: Cotton Electric's CEO, sitting president of the board of trustees and three directors, each representing three of the co-op's nine districts. The current makeup of the CECF board rounded up to the nearest dollar. President Tim McCary and Directors Danny Marlett, Douglass and Carter Waid. The directors In total: \$6,367.41. are volunteers, serving as CECF president, vice president and sec- again in mid-December, it will retary/treasurer, respectively.

Douglass said that is a good mix. "Having five on the board means there are four other voices when we look at applications."

When she agreed to serve on the CECF board, Douglass was like many other Cotton Electric Operation Round Up and didn't said. think much about her monthly contribution.

the power of a few cents from Electric staff prepares and delivher membership combined with a ers packets to each board memfew cents from many, many other ber a week in advance. This gives members. "I didn't realize how them time to read through and Electric members, for their part much the members contribute ev- consider each application. ery quarter."

than 13,000 Cotton Electric in my district, I call them and ask members had their power bills more questions about the need."



Carly Douglass has served on the Cotton Electric Charitable Foundation board since March *2007*.

is CEO Warren Langford, Board A contribution was as little as zero and as large as 99 cents with the average being about 50 cents.

> consider grant applications received by Dec. 3. The funds they the accumulated September, October and November contributions along with donations from other sources.

"It is a tremendous amount that next one who needs them." members: She participated in helps a lot of people," Douglass

is simple, the task of the CECF She was surprised to discover board takes a bit of work. Cotton

Douglass said she looks at them cess and had a final message: In October 2014, slightly more one by one, and "if the requestor is

When the board gathers, each application is discussed thoroughly and with care.

"We want to be good stewards of the members' money and make decisions the members will agree with," Douglass said.

"We try to spread the funds out as much as we can. We look for breadth of impact, how many members a grant will help or how big a difference it will make in an individual's life.

"We have made grants for many types of reasons to many types of organizations: structural, feeding, volunteer fire departments, hospitals ...

"The grants that mean the most to me," Douglass said, "are those going to individuals. I am so glad CECF can help people with When the CECF board meets handicaps, providing a means for some things able-bodied people take for granted."

She continued, "I'm also proud will have to distribute will include of the contributions to volunteer fire departments. The key word there is volunteer.

> "They help so many people." And, who knows? I may be the

The retired administrative assistant also volunteers at the Sol-While contributing to ORU dier's Closet on Fort Sill and at Crossroads Baptist Church. But, she said, "CECF is my favorite volunteer activity. It's my passion to help people."

> She offered praise for Cotton in making ORU and CECF a suc-

> "If you need help, let us know. Please apply and let us consider your application."



Download CECF grant applications at CottonElectric.com. Deadline for fourth-quarter 2014 grant applications is Dec. 3.

Operation Round Up is a voluntary program and members may opt out at any time by calling or sending a letter or email stating the account holder's name, account number and the request to be removed.

## Decade of giving touches many lives

Contineud from Page One

Food pantries and senior centers have sturdy cold the quality of life for our members," Meason said. storage and carts and dollies to move and sort cases of food.

Schools have used ORU funds to buy books and penny. electronic tablets, to pour sidewalks and set up learning labs. Lighting is more efficient and re- less." search materials are enhanced.

Volunteer fire departments have purchased air tanks, radios, Jaws of Life and bunker gear with ORU funds. Trucks have been updated and outfitted with new hoses and nozzles.

Youth from Velma to Chattanooga and many their power bills rounded up to the nearest dollar. points in between have better playgrounds and adequate school supplies. Teens have materials to help it will have several grant applications to consider. with decision-making and ways to celebrate reach-

Public safety has been enhanced with the installation of numerous automated external defibrillators lion," Meason said. in the area, ambulances outfitted with equipment and call centers supported.

"CECF has touched so many lives and improved

Contributions to the fund are tiny, less than a dollar a month. Meason said the impact is worth every

"Seeing the smile on a recipient's face is price-

It has all been possible because of support and participation of Cotton's members. The opt-out program is automatic for every member unless he or she requests otherwise, and very few have. In October, more than 13,000 Cotton Electric members had

When the CECF board meets again in December, Distributions are likely to push the 10-year total over the \$800,000 mark.

"I can't wait to see the day we reach over a mil-

At the current rate of generosity, she won't have to wait long.

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- Thermostat wars with your spouse?
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- There doesn't seem to be enough airflow?
- Dust buildup within 2 days of dusting?
- Problems with your system since it's been installed?
- Anyone with allergies or asthma?
- AC starts and stops frequently or runs all the time, and house is still not cool?
- □ Have been told by other contractors that the problem cannot be fixed?

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## **Cotton Electric seeks addresses** for returned capital credit checks

and businesses listed here.

A refund of capital credits demonstrates how a not-for-profit electric cooperative works. Annually, money over and above the cost of operations and other necessary expenses and reserves is declared margins. When the board of trustees determines that a portion of those margins can be refunded, members who contributed to those margins receive a share.

A share of the capital credits was allocated among active and inactive members and a check was mailed to the lat-

Capital credit checks amounting to est known valid address for the member. \$300,000 were issued recently to people Checks addressed to members listed here were returned to the cooperative because of incorrect or insufficient addresses.

> Cotton Electric Cooperative needs help finding the people listed here. If you see a name on the list that you recognize and if you have information about a current address, please call 580-875-3351 or e-mail info@cottonelectric.com.

TO CLAIM A CAPITAL CREDIT CHECK, WE REQUIRE A SOCIAL **SECURITY NUMBER TO VERIFY** THE MEMBER'S IDENTITY.

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Barry, Viola J

Basler, Steve

Bates, Charles

Barrett, Carmen

Bartels, Elizabeth

Beck, Frederick S

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Bell, Andrew I

Bench, Jerry

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Bigboy, Lena M

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Blalock, Bill

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Bradshaw, J

Brewer, Paul

Brashears, LB

Brewer, Ray A

Bridgers, Lyndol

Bright, William H

Brown, Floyd W

Brown, Warren K

Browning, Clifton L

Browning, William

Bryant, Ramona J

Buckner, Kerry D

Burge, Grace A

Burleson, Homer

Burnett, Clabe

Burnett, Alveta

Buzbee, Helen

Caldwell, Dorothy

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Cannon, Patricia

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Carolus, Kenneth

Carper, Debbie A

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Carter, Cass W

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Cline, Ted

Church, Allen G

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Chisum, Hope

Burton, J

Cain, Chris

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Bryant, Becky

Bishop, Nancy A

Blanton, Melissa L

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Bohannon, Bob

Bowers, Stacey

Bowles, Shirley E

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Swanson, Lisa D

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Swetman, Helen F

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# Interactive tour finds ways to save energy

By Trent Marlett

One of the things I do for Cotton Electric members is help them better manage energy use and save money. I can perform an energy audit on a member's house, going through and finding ways to increase efficiency or problem areas that need to be upgraded or improved.

Cotton Electric is a part of Touchstone Energy, which offers another tool. It allows a member to be his or her own energy auditor and find ways to save and make improvements instead of having me poke around the home.

Touchstone Energy has a website, TogetherWe-Save.com. On the homepage, there is a place to click called "Energy Savings Home Tour." The link opens a page that guides you on a room by room tour through your home.

In each room, you can click on different problem areas and find ways to address them in order to use energy more efficiently. Tips are offered for entertainment centers in the living room, bedrooms, the attic, and the utility closet where water heaters and furnaces can be found.

The tour even offers ways to save by doing proper landscaping around the house.

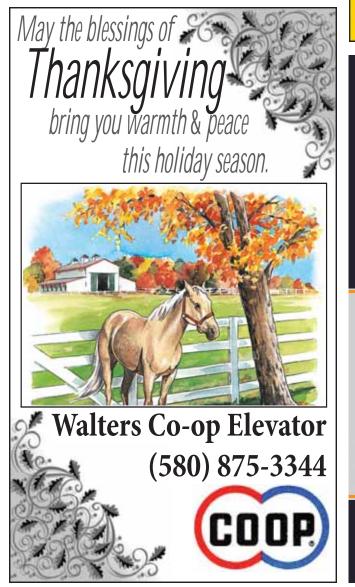
The Energy Savings Home Tour has another benefit. The Watch & Learn tab offers two dozen videos featuring advice on ways to improve your home to save energy.

This is a very beneficial website that allows you to interact with many different functions, all empowering you to find ways to save and best practices on implementing learned improvements throughout your home.

All information at the website is free and is just another service Cotton Electric offers its members to help manage energy use. It is very informative and I learned a lot from clicking around this interactive website.

The full web address is http://energysavings.to-getherwesave.com/add-up-your-savings. I recommend visiting the site and seeing everything it of-fers

If you need help getting there or have any questions, feel free to give me a call at 580-875-3351.



# **Cotton Electric wins communication awards**

Each year, marketing department employees in electric cooperatives throughout the state take another look at the work they've done. They select the best examples of their communication pieces and submit them for comparison and competition with their peers.

The 2014 newsletter contest sponsored by Oklahoma Association of Electric Cooperatives solicited entries from Oklahoma cooperatives in several categories. Cotton Electric learned of honors in three categories during a recent awards banquet.

An Award of Merit was presented for the website, CottonElectric.com. The site was redesigned early in the year by Jennifer Meason, vice president of marketing and subsidiary services.

An Award of Excellence was presented for a column written by Trent Marlett. Published in January 2014, the column defined the emergency heat setting on a thermostat and explained why it should rarely be used.

An Award of Excellence was also presented for the July 2014 issue of The Current for best overall content in the large cooperative division. The issue featured recaps of Youth Tour, articles about legislative impact, farm safety, retiring employees and charitable foundation grant recipients and golf tournament results.







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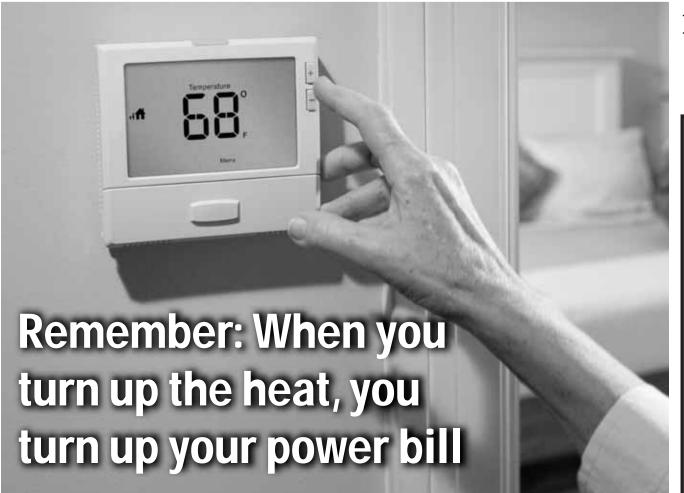
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## Lower temperatures can lead to higher winter use

By Amber Bentley

Between houseguests and shorter, colder days, electric bills dows. tend to climb in the wintemperature drops.

to 68 degrees (or low- percent of your normal er): If you decrease the energy use with these check for an ENERGYtemperature by just one appliances and get bet- STAR rating before you degree, you can save up ter insulation on doors buy. Cheaper LEDs tend to 5 percent on heating and windows for the not to last as long or be costs. Consider a pro- price you pay. ENERGY grammable thermostat STAR-rated items meet that you can set to lower special efficiency stan- com or Cotton Electric. the temperature when dards set by the federal com for more ways to away from home and increase before you come back.

tains: Keep them open to ing) systems will have erative affairs for the let in sunlight during the to work twice as hard National Rural Elecday, and close at night to if vents are blocked by tric Cooperative Assokeep heat inside and pro-rugs, furniture, or doors. ciation, the Arlington,

tect from drafts. Reduce hot water tem- proper air flow. peratures: Heating water accounts for 12 percent make your fridge work for-profit electric coopof the average home's too hard. A temperature eratives. energy use. Set your water heater's thermostat to 120 degrees or lower—that's usually sufficient for a household's hot-water needs. Also, if you've had your water heater for more than 12 years, you might want to consider replacing it with a more energy-efficient model.

Seal and insulate: This is the best way to keep heat in and air out. Areas

door frames, and win- usually sufficient.

ter. Read on for ways to appliances, doors, and rate. They're up to 75 save energy when the windows with ENERGY percent more energy ef-STAR-rated Lower your thermostat You can save about 15 incandescent lights and government.

Free your vents: HVAC (heating, ventila-Adjust blinds and cur- tion, and air condition- on consumer and coop-Keep vents clear for Va.-based service arm

Keep food cool: Don't consumer-owned,

that may need sealing set between 34 and 37 holiday include corners, cracks, degrees Fahrenheit is

A special holiday tip: Consider replacing old Use LED lights to decomodels: ficient than traditional last much longer—but as durable.

> Visit TogetherWeSave. save.

> Amber Bentley writes of the nation's 900-plus

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**Torch & Regulator Repair Happy Thanksgiving** to you and yours!

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## Monograms Elite

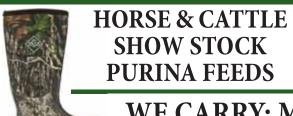
is having a

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## Eighth-graders sure to fall for Energy Camp

Eighth-graders interested in devel- world of electric co-ops through demlivery, and having some great summertime fun are encouraged to enter the annual Energy Camp youth writing contest.

quired to write a short paragraph, 50 words or less, on why they would like to attend Energy Camp. Students and members.

Winners from Cotton Electric's service area will be selected from contest participants to attend the 2015 Youth Power Energy Camp held May 26-29 at Canyon Camp near Red Rock Can- lett at Cotton Electric Cooperative at von, southeast of Hinton.

At Energy Camp, which is sponsored by Oklahoma's electric cooperatives, students learn first-hand the 2015.

oping leadership skills, learning about onstrations by electric crews. There electric cooperatives and energy de- will be opportunities to put on a lineman's work belt and gloves before climbing a pole and to see the camp from 60 feet above in the basket of a utility truck. Plus, students will set up To participate, students will be re- and run their own cooperative busi-

Activities will include nature hikes, games and other outings with other their families must be Cotton Electric students representing cooperatives from across Oklahoma.

Contest information will be distributed to area English teachers soon. Students should ask for contest rules and entry forms, or contact Trent Mar-580-875-3351 or by email at info@ cottonelectric.com

The deadline for entry is Jan. 16,

### Only water softeners soften water...



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Six-year-old Kadence is mighty proud of this pumpkin that she planted and grew using seeds from her 2013 jack-o-lantern. Kadence is the daughter of Cotton Electric members Brad and Kendahl Williams and lives near – where else? - Pumpkin Center.

## **In your fight for justice ...**

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## Early Detection Saves Lives!

### **FREE Lung Screening For High Risk Individuals**

### **ABOUT THE PROGRAM**

- Lung cancer is the leading cause of cancer death for both men and women worldwide.
- Nearly 160,000 Americans die of lung cancer each year.

Based on findings of the National Lung Screening Trial (NLST), we know that CT lung screening can save lives of people at high risk for developing

Low-dose CT (LDCT) lung screening is quick and easy and results in a minimal amount of radiation exposure. The Cancer Centers of Southwest Oklahoma is determined to raise awareness and improve access to this testing for all people at high risk. Therefore, Cancer Centers of Southwest Oklahoma and Jackson County Memorial Hospital are now offering in conjunction FREE **LDCT lung screening** to individuals who meet the established high-risk criteria.



### **QUALIFICATION CRITERIA**

You may qualify for a free LDCT lung screening if you fall into one of these categories:

Category 1

You are between 55 and 74 years of age

You are currently a smoker or have quit in the last 15

You have a 30+ packyear\* history of smoking Category 2

You are between 50 and 74 years old

You have a 20+ pack-year\* history of smoking

You have one additional lung cancer risk factor (not to include secondhand smoke exposure)

\*pack-years are calculated by multiplying the number of packs a day you smoke by the number of years you have smoked.

Example: 2 packs a day for 15 years = 30 pack-years

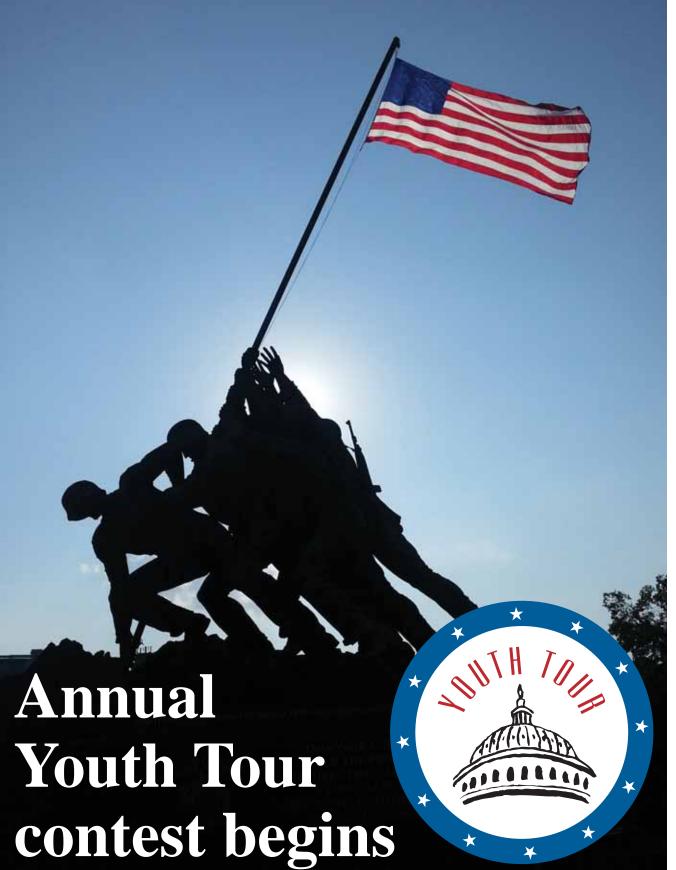
Call to schedule a screening 1-877-231-4440 to see if you qualify.

Altus • Lawton • Duncan



of Southwest Oklahoma

www.cancercentersswok.com



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The annual Rural Electric Youth Tour kicks off finalists advance to the through visits to monu- skills that are important in November with a pre- banquet, where they ments, government of- for all high school stuliminary essay contest. and their parents will be fices and cooperative dents, especially those This year's topic, "Life guests of Cotton Elec- organizations. in rural southwest Okla- tric. The finalists will be all submissions.

Cotton Electric's service four winners will be de- school students an op- com. territory are eligible to termined. compete in the preliminary rounds of the competition. The contest is open to all high school nounced. juniors in the Cotton Electric service area. Tour winners will re-The students and their families do not have to be Cotton Electric members.

The contest is broken students and into three rounds and starts with the essay contest. Area juniors may submit an essay of approximately 600 words headquarters.

essays move to the second round, which includes a personal interview with the student. The question-and-answer meeting is conducted at the cooperative headquarters in Walters.

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The top 10 of those of the nation's capital develop creative writing before judges and ban- learning for students. Each year, students in quet guests, the final

> the spring, with the date and location to be an-

Cotton Electric Youth issues," Marlett said. ceive an all-expensepaid trip to Washington, D.C. For a week in June, cooperative information they will join 1,500 follow state-planned itineraries, including time with Oklahoma's congressional delegation.

The students will have to the Cotton Electric an opportunity to learn formation included in about government, the Writers of the top 25 cooperative form of encouraged to use other business, and the business of rural electrification. The students will become more familiar political

Trent Marlett, contest homa without Cotton required to recite their coordinator for Cotton Electric Cooperative," essay in a speech-type Electric, said Youth Tour tion regarding the essay will be the key focus for format. As they speak is a week of hands-on contest, call Marlett at

> "Youth Tour gives high info@cottonelectric. portunity to learn first-The banquet is held in hand what it is like to be involved in politics, community development and today's social

> > Information packets with contest rules and regulations, entry forms, and basic details of the contest will be distributed to area English teach-

The deadline to submit an essay is Jan. 16, 2015.

In addition to the inthe packets, students are sources of information found at the local library or from the Internet.

"Preparing for the Cot-



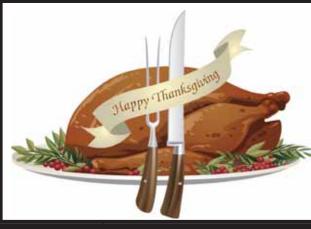






Turkeys will be available for pick-up on 11/23 & 11/24 from 12pm-7pm. One turkey max per card holder.





### **Star Spirit Toy Drive**

Nov. 11th - Dec. 15th: Donate a new unwrapped toy for the children in our community & we will match the receipt dollar amount you spent on the toy in Comanche Credit. You may donate & receive credit twice per day.

### Way Back Wednesday

November 19th 12pm-10pm Guests who earn 5 points on their C Club card during the promotion period will receive \$10 Comanche Credit. The Star Grill will have food specials for guests showing their C Club card

### Senior Day

Every Tues. 12pm-6pm Guests who are 50+ years can receive \$5 Comanche Credit & a free meal after they earn 2 points on their C Club card.

### Holiday Cash Bash

Starting Nov. 1st, each time you earn 50 points on your CC card you get an entry in to the prize drawings on Nov. 22nd, 6pm-11:30pm

### Star Studded Birthday Party

November 29th 2pm-5pm **Comanche Star Casino will celebrate** with our guests who have a birthday in the month of November. Present your valid ID and C Club card to the Players Club & receive \$10 Comanche Credit and a Birthday Button.

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Comanche Star Grill

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Friday - Saturday Noon - 11 pm

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ComancheNationCasinos.com Route 3 Box 82A ● Walters, OK 73572 See Casino for details. Must have valid ID. Management reserves all rights. ©2011 Comanche Star Casino

## Roast veggies for new flavors

It's that time of year when you transition from summer's bounty to winter's bounty. Gone are the summer salads and crudités, unless you live far enough south to have a year-round growing sea-

Now we transition to heartier vegetables: turnips, beets, cabbage, sweet potatoes, and winter squash to name a few. Many of these winter vegetables are less popular than their summer counterparts, but what if you could coax additional flavor out of them just by changing the way you cook?

Roasting vegetables transforms flavor and texture. The dry heat combines with natural sugars to bring out inherent sweetness. Browning adds additional flavor and makes the vegetable tender that contain recipes for roasting but not mushy.

Roasting also has the added benefit of being easy. Just toss the vegetable chunks in olive oil and your seasoning of choice, or none pieces so it cooks evenly. at all, and stick them in the oven.



Kim Bandelier, MPH, RD, LD

### Food 2 For .

A recipe can come in handy, as you can certainly over-roast vegetables to the point of roasted mush. There are many websites almost any type of vegetable.

You can also just give it a try using a few tips:

- •Cut the vegetable into uniform
- •Use an oven temperature be-

tween 425 and 450 degrees. Cooking time will be around 15-20 minutes for heartier vegeta-

•Roast one kind of vegetable at a time for cooking consistency.

•Toss the vegetable pieces in olive oil, or other oil if you want a different flavor, instead of drizzling oil over them after they are on the pan.

From a nutrition perspective, cooking vegetables can slightly increase the amount of some nutrients and slightly decrease the amount of others. What is most important is that you actually eat vegetables instead of worrying whether they are healthier raw or cooked.

Many people who struggle to like vegetables have found roasting to be a very palatable way to prepare them. As with any new cooking technique, it may take a test or two to get vegetable roasting down just right, but it can definitely transform your vegetableeating experience.

### **Ethnic Favorites**

Murray Powers, Teen Leaders

#### **Sweet and Sour Chicken**

1 medium green pepper, 1/3 c. packed brown sugar cut into 1inch strips

2 T. soy sauce

1 small onion, sliced thin 2 T. ketchup

1 T. vegetable oil

**ACROSS** 

1. Domestic cat

10. Bounces over

Dora

water

19. Guided

(abbr.)

Ghent

Egypt

26. Am. sable

stances

34. Oil cartel

35. Mentums

island

14. Calculators

15. Jeopardized

17. Voice of Dory

20. Ribonucleic acid

21. Evenings prior to

22. French river into

23. Inspires wonder

29. Liquid body sub-

31. Singer Nat King

32. Expression of disgust

37. City of Danao

38. Place of refuge

39. Fancy ottoman

45. London gallery

41. Alleviating

43. Tangles

hagen

dicts

colony

59. Initials of 1st

in space

60. Afrikaans

48. Swiss river

49. Denotes three

52. Treatment for ad-

56. Inheritable by rules

57. Stalin predecessor

American woman

58. N. Mexico artist

40. 20th Hebrew letter

46. Pouchlike structure

47. Citizen of Copen-

24. Sacred bull of

6. Picasso's mistress

1 20-oz. can unsweetened pineapple chunks

2 T. cornstarch

3 T. white vinegar

12 oz. cooked chicken

In large skillet, stir fry green pepper and onion in oil for 3-4 minutes or until tender. Drain pineapple and reserve juice in a 2-cup measuring cup; set pineapple aside. Add enough water to pineapple juice to measure 1 1/3 cups. Stir in the vinegar, soy and ketchup. In bowl, combine cornstarch and sugar. Stir in pineapple juice mixture. Gradually add to skillet. Bring to boil; cook and stir for 2 minutes or until thickened. Add pineapple; reduce heat and let simmer uncovered for 4-5 minutes or until heated through. Add cooked chicken and serve. Serves: 4.

### **Vegetable Casseroles**

Dakota Petary, Bray-Doyle

#### **Chilies Rellenos Casserole**

1 7-oz. can whole green chilies, rinsed & seeded

1/2 t. dry mustard

8 oz. sharp Cheddar cheese, cut into sticks

1/4 t. pepper

3 eggs, slightly beaten

Dash of Worcestershire sauce

1 c. unsweetened evaporated milk

1 lb. Monterey jack cheese, shredded

2 T. all-purpose flour

Stuff each chili with Cheddar cheese sticks. Arrange in single layer in greased 7x11 casserole dish. Combine remaining ingredients in a bowl; mix well. Pour over chilies. Bake at 350 degrees for 30 minutes or until set and golden. Cool about 5 minutes before serving.

Serves: 6-8.

#### 10 12 13 15 16 17 18 19 20 21 22 23 26 24 25 28 30 29 31 32 33 34 36 37 35 38 40 39 41 42 43 44 45 46 47 48 51 50 52 53 54 55 57 56 58 60 59

### **DOWN**

- 1. Far east weight unit
- 2. Competent
- 3. Bare or unadorned
- 4. Bridge building degree
- 5. Other side of yang (Chinese)
- 6. Personal manners
- 7. Am. Mountain
- Guide Assoc.
- 8. Imitate
- 9. Acts of reclamation
- 10. Most critical
- 11. Brews 12. Foot (Latin)
- 13. South Dakota
- 16. Hero-worship 18. Removes moisture

- 22. NY Hamptons location (initials) 23. Egyptian god of
- life 24. Sporting venue
- 25. Campaign funding
- group
- 27. Plural of 30 down
- 28. Captures
- 29. Turf
- 30. Fencing sword
- 31. Cost, insurance and freight (abbr.)
- 33. Expression of
- bafflement 35. Frames of refer
  - ence

36. Very large

50. Churn

51. Hotels

54. Also on the option

52. Genetic info carrier

39. Keyboard instru-

43. Fashion designer

44. Carrier's invention

48. From a distance

49. Rock singer Turner

style of

ments

**Jacobs** 

design

46. Cruise

47. Art

42. Governments

- 53. Irritate
- key
- 55. Steeped beverage
- 56. Indicates position 37. Old TV screen tube

## 4-H Cook Off yields plenty of winners



The 31st annual Stephens certificate and mini-whisk. County Cook Off was held the first Monday in November. Par- in 14 categories and the top eight ticipants included 64 4-H'ers and are chosen for the final compe-Cloverbuds. The young cooks tition. Cloverbuds bring one of prepared recipes for judging on their favorite recipes to the final taste and appearance. Awards were presented to the top three in each category. First-place winners received a monogrammed apron and second- and third-place winners received kitchen items. from the 2014 competition. More Cloverbud participants received a will be published in December.

4-H members submitted recipes competition.

All awards are sponsored by Stephens County Farm Bureau Women.

Here are some of the top recipes



Candied Bacon

**Bars & Candy** Lathan Allen, Comanche

#### **Candied Bacon**

3 T. Griffin's original syrup 1/2 c. brown sugar 1/2 t. black pepper

Mix together syrup, brown sugar and pepper in a small bowl. Place foil on the bottom of a baking sheet. Place bacon on a cooling rack and set over baking sheet. With a basting brush, spread half the mixture on the bacon. Bake in a preheated 400-degree oven for 20 minutes. Turn bacon, brush with remaining syrup mixture and continue to bake 20-25 minutes or until crisp. Remove bacon from rack

Break slices in 1/2 and serve warm or at room tem-

1 lb. sliced bacon

while it is hot or bacon will stick. Bacon will continue to crisp once out of oven.

perature. Serves: 12-14.

## **Breads**

### Chris White, Central High

- **Sweet Chocolate Bread** 3 <sup>1</sup>/<sub>4</sub>-oz. pkgs. active dry yeast
- 2 T. vegetable oil
- 1 1/2 c. milk, warmed to 105-115 degrees
- 2 T. confectioners' sugar
- 4 <sup>3</sup>/<sub>4</sub> to 5 c. all-purpose flour
- 1 T. unsweetened cocoa powder
- 1/2 c. (1 stick) butter, softened
- 1/2 t. vanilla extract
- 1/2 C. honey
- 12 oz. milk chocolate, melted 1/2 t. salt
- 1 egg
- 1 1/2 c. sliced almonds
- 1/2 c. sliced almonds

a large bowl, stirring to dissolve. Add 4 3/4 cups flour, butter, honey and salt. Stir, adding more flour if necessary, until soft up loosely and place seam side dough forms. Knead on a lightly floured surface until smooth and Using scissors, cut each roll into elastic, 6-10 minutes. Cover the 1/2 inch-wide slices. Pull slices dough in the bowl with plastic away from center, alternating and let rise until double in size, approximately 30 minutes. For the filling, finely grind 1 1/2 cups rise for 25 minutes. almonds in a food processor. Add the vegetable oil, confectioners' sugar, cocoa powder and vanilla.

Process until smooth and add the

baking sheet with parchment pa-

Sweet Chocolate Bread

Combine yeast and milk in Divide in half and roll into 12x15 inch rectangles.

Spread filling on rectangle to within 1/2 inch of the edge. Roll down on prepared baking sheet.

Cover with dish towel and let

Preheat oven to 425 degrees.

For topping, whisk egg with 1 tablespoon water. Brush it on the cubes loaves and sprinkle with 1/2 cup melted chocolate. Line a large sliced almonds.

Bake until golden brown, apper. Knead the dough on a lightly proximately 15-20 minutes. Cool floured surface, adding more flour 2 minutes then transfer to wire if needed until smooth, not sticky. rack.

### Dips:

Colton Johnson, Comanche

#### Pizza Fondue

1/2 lb. Italian sausage

1 c. chopped onion

2 jars meatless pizza sauce

4 oz. thinly sliced ham

1 pkg. sliced pepperoni

1/4 t. red pepper flakes

1 lb. Mozzarella cheese, cut into <sup>3</sup>/<sub>4</sub>-inch cubes

1 loaf Italian or French bread, cut into 1-inch

Cook sausage and onion in a large skillet until sausage is browned. Drain off fat. Transfer sausage mixture to slow cooker, stir in pasta sauce, ham, pepperoni and pepper flakes. Cover and cook on low 3 to 4 hours.. Serve sauce with cheese cubes, bread cubes and fondue forks. Serves: 20-25.







