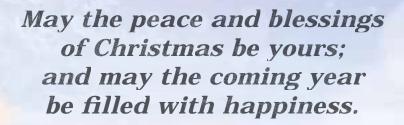


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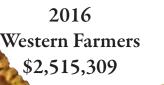
NUMBER 5



The Board of Trustees and Employees of Cotton Electric Cooperative



2015 **Cotton Electric** \$500,000



2017 Western Farmers \$1,037,640





2017 **Cotton Electric** \$500,000

Want to understand capital credits?

Easy as pie!

By Karen Kaley

one that you helped make possible. Not just you, but a lot of other people contributed toward this pie.

In fact, all of you have been collecting ingredients to make pies for a very long time. A pantry-accountant keeps a careful running tally of who contributed how much flour or sugar or pie filling.

When you and all the other members of the imaginary pie cooperative decide to bake one, its size depends on the quantity of ingredients collected. And when you all sit down to have some pie, the size of each person's slice is directly related to his or her contribution of flour or sugar or pie filling.

That's how capital credit retirements work.

mined by the co-op's board of trustees. Every member of the electric cooperative gets a share of the retirement. The since 1941.

size of each member's share is directly Imagine pie. Not just any pie, but related to the amount of electric power distribution co-op is reflected in the they have purchased.

> There are two big berry pies and two smaller pumpkin pies shown above. at the end of December from Cotton That is to illustrate the difference between the four most recent capital credit retirements distributed to Cotton Electric members.

> The berry pies are large because they represent capital credit retirements from Western Farmers Electric Cooperative (WFEC), the generation and transmission (G&T) cooperative for Cotton Electric and 20 other cooperatives in OK and NM. WFEC issued consecutive retirements of more than Electric are usually from a smaller to-\$2.5 million and \$1 million to Cotton Electric over the past two years.

In turn, Cotton Electric sent G&T retirement checks to all active and for-The size of any retirement is deter- mer members. The size of the checks was directly related to the amount of power each member had purchased

The scale of a G&T compared to a dollar amounts.

So, the capital credit check you get Electric – your slice of the pie – will not be as large as the one you got in August from WFEC. That's because it came from a different pie, one that is usually smaller.

Cotton Electric Cooperative was established in 1938 and has issued more than 30 capital credit retirements during its 79-year history that add up to more than \$6.4 million.

Capital credit checks from Cotton tal retirement than those of WFEC. In fact, if your retirement is less than \$5, a check will not be issued.

However, as a member and therefore owner of both cooperatives, you continue to contribute through power purchases. You may get a big slice of pie with the next retirement.

A bit more about capital credits

When a resident or business owner signs up to receive electric service from Cotton Electric Cooperative, he or she becomes a member and owner of the co-op.

As owners, members have a responsibility to help finance their business. They do this by using our services and by allowing the co-op to retain any money collected in excess of actual operating costs. The money is used to build and maintain the facilities needed to serve the co-op's members and to service our long-term debt.

This money is considered to be capital furnished by the members — capital that will be returned to the members at a later date. While the co-op uses the money, members' capital credits are considered "allocated" but not "retired."

Capital credits are retired at the discretion of the co-op's board of trustees. Cotton Electric will retire \$500,000 in capital credits in 2017. The capital credit retirement will benefit both active and former members of the not-for-profit electric cooperative.

The size of individual checks is based on the amount of electric power purchased by each member. If the amount of the refund is under \$5, a check will not be issued. Instead, it will be carried forward and added to any amount authorized for refund the next time capital credits are retired.

Power Cost Adjustment Calculated

bill.

November 2017 Temperature Extremes

The power cost adjust-	Day	High	Low	Avg.	Day	High	Low
-	1	84	36	60	16	63	48
ment applied to bills	2	86	45	66	17	84	59
mailed after Dec. 1, 2017,	3	65	45	55	18	68	34
is \$0.00056 per kWh.	4	89	43	66	19	62	29
PCA for bills mailed af-	5	85	49	67	20	66	30
	6	58	42	50	21	68	32
ter Jan. 1, 2018 will be	7	53	42	48	22	56	29
(\$0.00709).	8	47	33	40	23	71	30
On a member's average	9	60	30	45	24	80	35
bill of 1500 kilowatt hours	10	55	33	44	25	70	43
	11	65	53	59	26	69	33
(kWh), this will amount	12	60	52	56	27	77	37
to a charge of \$0.84 on the	13	63	51	57	28	73	47
December bill and a credit	14	74	58	66	29	63	37
	15	70	51	61	30	65	35
of \$10.64 on the January	Source:	srh.noaa.gov	/oun/				

Did You Know?

Avg.

56

72

51

46

48

50

43

51

58

57

51

57

60

50

50

Cotton Electric offices will be closed Friday, Dec. 22, and Monday, Dec. 25 for the Christmas holiday and Jan. 1, 2018, for the New Year holiday.

Emergency calls will be answered at 580-875-3351 or 800-522-3520.

The next issue of The Current should arrive in mailboxes Jan. 22, 2018.

Do you have a story idea for The Current or do you need to place an ad? If so,

Contact Us

let us know. We can be reached at 580-875-3351 or by email info@cottonelectric. at com.

You can also drop us a line at Cotton Electric Current, 226 N. Broadway, Walters, OK 73572.

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More news at cottonelectric.com

From the CEO 2017 a busy year at your cooperative

This past year has been exciting for us at Cotton Electric. We've tackled several major projects and are proud of the progress made at your cooperative. Several maintenance items were completed to improve

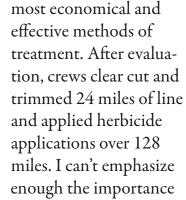


Jennifer Meason, CEO

service quality and reliability, while new technologies and equipment were introduced to propel your cooperative forward.

As part of the Cooperative's maintenance program, utility poles are inspected and replaced in a proactive manner. In 2017, 8,295 poles were inspected, leading to the replacement of 833.

This year was a productive one for our vegetation management program which includes clear cutting, trimming and herbicide application. Crews evaluated 400 miles of line to determine the



of this program in improving the reliability and service quality of our system, especially as we enter the winter months.

Several projects occurred in the southwest area of our service territory in 2017. The new Randlett substation was brought online to improve service quality and reliability. With the addition of a new substation, we saw an opportunity to test new metering technology, and a pilot project was launched over the summer.

Just down the road from the new substation, the Cooperative's first solar site was completed. The 250 kW site has a total of 950 modules installed. As I write this column, it has generated 436,000 kWh of solar energy for the Cotton Electric members.

Another highlight of 2017 was hitting the million dollar mark in grants issued by the Cotton Electric Charitable Foundation (CECF). I've had the privilege of working with CECF since its inception in 2004 and it has been a joy to see the difference Cotton Electric members have made in our area through Operation Round Up.

Seeing the impact of programs like Operation Round Up, Cotton Electric employees established the Cotton CARES fund. Employees have made donations throughout the year to the fund and recently used the proceeds to create holiday food baskets for local families in need. They also selected children from area "Angel Trees" and purchased Christmas gifts for them. I'm very proud of their efforts and look forward to seeing this program grow in 2018.

Continuing the theme of giving back, the Board of Trustees authorized capital credit retirements of more than \$1 million in August from Western Farmers Electric Cooperative and an additional \$500,000 retirement in December from Cotton Electric. You can read more about how capital credits are part of the Cooperative difference on the front page.

With your help, we've accomplished a great deal and look forward to keeping the momentum going in 2018.

Thank you for your support and from the Cotton Electric family to yours, Merry Christmas and Happy New Year!

Cotton offers youth-geared opportunities

Cotton Electric Cooperative has a pair of opportunities available for students in the service area.

Area juniors can submit a 600-word essay for a chance to participate in the annual Rural Electric Youth Tour. This year's topic, "Energy Efficiency: How it Affects Me and Cotton Electric," will be the key focus for all submissions. Students may choose to address a member of the future or the past.

The contest features three rounds: Essay submission, interview and oral presentation of the essay. The top four entrants win an expense-paid trip to Washington, D.C., for a week in June.

Another summer opportunity is available for eighthgraders whose parents are Cotton Electric members. This contest requires a short paragraph about why the entrant would like to attend the 2018 Youth Power Energy Camp from May 29 through June 1 at Canyon Camp in Red Rock Canyon, southeast of Hinton. Information packets with Youth Tour contest rules and regulations, entry forms, cooperative information and basic details of the contest have been distributed to area English and Ag teachers and counselors. The regisfor members replacing an existing maximum rebate in 2018 will be tration deadline for entering is Jan. 19, 2018. Information about Energy Camp will be distributed For more information about the in January to schools in the Cotton Electric service ter-For information on any of the contests, contact the Marketing department at 580-875-3351 or by email at info@cottonelectric.com.

2018 GSHP rebate standards announced

Cotton Electric has announced amount of rebate is determined by EER by at least 3.0. The minimum lation of energy-efficient ground cient of Performance (COP). source heat pumps.

first-come, first-served basis. Once stalled if the unit meets the mini- vide a copy of their itemized invoice rebate funds have been exhausted, mum specifications, which are 15.9 and, from the HVAC contractor or the program will end for the year.

standards for the 2018 Rebate Pro- the size of each unit, its Energy Efgram for the purchase and instal- ficiency Rating (EER) and Coeffi-

Qualifying units can receive a

specification for COP is 3.3 for closed loop systems and 3.6 for open loop. Rebates are \$375 per ton.

In order to qualify for the pro-Rebate funds are available on a rebate of up to \$1,050 per ton in- gram, members will need to pro-EER and 3.3 COP for closed loop supplier, AHRI certification and Manual J calculation. Verification by Cotton Electric personnel is also Cotton Electric offers a rebate required to receive the rebate. The

Members should note that the rebates are offered only for ground source heat pumps (GSHP). A desuperheater is not required but additional rebates are available if one is part of a new GSHP installation.

Minimum standards vary for closed and open loop installations and apply to the full load operation

systems and 18.0 EER and 3.6 COP for open loop.

GSHP system with a more efficient \$5,000 per residence. GSHP system.

To qualify for a rebate when re- rebate program, please contact ritory. placing an existing GSHP system Mike Stephens, Cotton Electric's with another GSHP system, the energy use adviser, at 580-875-3351 of a GSHP, not the partial load. The new installation must increase the or 800-522-3520.

Energy Efficiency Tip of the Month

Purchasing electronic gifts this holiday season? Remember to purchase ENERGY STAR[®]-certified electronics and give the gift of energy efficiency.

Visit www.energystar.gov/productfinder for a full list of efficient products.

Source: energystar.gov

COTTON
ELECTRIC CO-OP
Mission Statement
Our mission is to be
the leader in provid-
ing the most reliable
and innovative electric
system, with affordable
rates, through the posi-
tive, enthusiastic and

professional use of its resources and people.

October 2017 Operating Stats

▲	U	
	<u>2017</u>	<u>2016</u>
Total Amount Billed/Accrued	\$4,731,644	\$4,905,116
Cost of Purchased Power	3,172,284	3,370,860
Taxes	96,805	100,875
Total Operating Expense Per Mile	892	959
Average Farm and Residential Bill	119	119
Average Farm and Residential kWh	929	938
Total Meters Billed (farm, residential)	18,308	18,230
Miles Energized	5,168	5,163
Density Per Mile	3.54	3.53
New Service Connects YTD	229	207
Services Retired	125	93

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Bryce Hooper Vice President of Marketing Karen KaleyEditor
Jennifer KrizDisplay Advertising

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Soaking up sun in southwest Oklahoma

Production at solar site near Devol meets expectations



By Karen Kaley

Greetings from sunny southwest Oklahoma! Today may be a short cool day in December, but we can confirm 2017 has been a bright year. We have data.

The data is a byproduct of solar energy collected at a site within the Cotton Electric service territory. The two-acre site near Devol features 950 stationary panels. Those panels have been facing southwest for nearly a year, quietly soaking up sun in the company of cattle, blackbirds, clever dogs and the occasional human expedition.

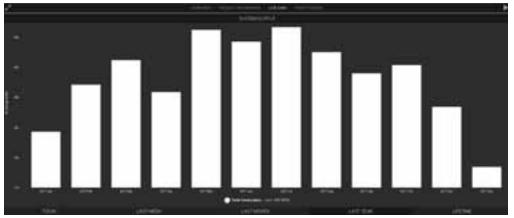
The solar site is owned by Western tion that is asked more and more fre-Farmers Electric Cooperative (WFEC), which provides electric power to Cotton Electric and 20 other electric cooperatives in Oklahoma and New Mexico. As a wholesale producer with obligations to its member cooperatives, WFEC leaders resolved a few years ago to explore solar manager of HR and resource planning. as a power source.

Cotton is one of 11 Oklahoma cooperatives to host a WFEC small solar site. Jan. 1 through Nov. 26, the site had gen-The solar site in Cotton's service territory produces power for Cotton Electric's members.

Some of the small sites have only 418 in July. panels. WFEC also has five utility-scale solar farms in Oklahoma with 12,000, 16,000 and 20,000 panels.

These sites are valuable for WFEC, Cotton Electric and members like you. Aside from the energy collected and converted into electricity, they collect data.

That data that will help answer a ques-



Live data about the solar site near Devol, such as monthly production as shown above, can be seen at http://kiosk.datareadings.com/ITjhQANC/overview.

quently: Is solar a viable alternative to fossil fuels?

Data from the WFEC sites is monitored by many employees there. Two of them are John Toland, principal resource planning engineer, and Rodney Palesano,

They pulled the data on the Cotton site recently and had this to report: From erated 438,828 kWh (kilowatt hours) of power. The least amount of energy was need to do some math that accepts averproduced in January, and the maximum

That is close to what was expected. Toland said the annual projection was 469.000 kWh.

and the site has produced 93 percent of energy collected from the solar panels, if the projection," he said.

The site is on target for achieving the projection.

Palesano pointed out that, "Because December is generally a lower production month, we may be ahead now, but think the actual results will be good." could lose a little bit of ground as the month progresses."

So, what does 438,828 kWh in 11 mance." months mean? According to a website Cotton Electric members can visit, that amount of energy is equivalent to nearly 610,000 pounds of carbon offset or about 256 barrels of oil.

To put it in terms closer to home, we ages and rounding. The figure divided by 1,500, the average kWh use of a household in the Cotton Electric service area, to get 27. That's the number of homes "We are 90 percent through the year that could be served at 100 percent by use and production were simultaneous.

various sites provide information about we will talk about this again.

physical aspects of a solar array. For example, the fixed tilt sites, such as the one in Cotton County, have had minimal issues. The larger sites have single axis tracking; they follow the sun. They have more moving parts, which is more complex, but will produce more power due to their mobility extending the duration of optimal panel orientation.

Toland wants to wait until this time next year to draw any conclusions or make recommendations.

"By then, we'll have 8,760 hours of reliable data. As an engineer, I don't want to commit until we have all the numbers. "It does look promising, though. I

Palesano echoed that.

"Early indications show good perfor-

He went on to say, "Solar is looking like an increasingly viable option as a variable renewable energy source. As the technology matures, it will play more of a role, though it will not be a singular technological solution. Diversity in power generation sources is key."

Toland and Palesano don't want to the 11 months is 39,893. Divide that by make recommendations until they have more data. However, they should agree to this prediction:

The sun will rise tomorrow, the day after that and the day after that. The panels will continue to produce a lot of energy in the middle and not so much toward In addition to the energy data, the the beginning and the end of 2018, when



ommunity S

If you would like your community event listed in the January issue, please submit information by Jan. 9, 2018, by calling 580-875-4259 or send an email to info@ cottonelectric.com.

Christmas meal offered for all

Designed to offer a traditional meal and fellowship for those who might be alone or unable to cook, the 29th annual Christmas dinner will be served to any and all from 11 a.m. to 2 p.m. Christmas Day at Stephens County fairgrounds.

Some meals can be delivered ONLY if advance arrangements are made by calling 580-255-3231. Calls must be made between 8:30 a.m. and 4:30 p.m. No calls will be taken after Thursday, Dec. 21.

Winter Market Saturdays in Lawton

Lawton Farmers Market is holding a Winter Market in the Cameron University Animal Sciences building at the Agriculture Facility each Saturday, running through the end of March 2018.

"Weather has always been a challenge for our vendors once the regular season ended at the current outdoor farmers market location," said Dr. Ed Legako, board president of the Southwest Growers Association. "Now, with an indoor market, we can offer a warm and dry place for our vendors and patrons to come in the winter months.

"Additionally, the market will be able to offer classes on gardening, food demonstrations, and nutrition in collaboration with the Lawton Farmers Market Institute and Cameron University."

at the winter market, including winter produce, sprouts, micro greens, meat, eggs, honey, nuts, and handmade and artisan items. Hours are 8 a.m. to noon. The building is located on Southwest 38th Street and is south of Dr. Elsie Hamm Drive and the railroad crossing.

For information about the market or becoming a vendor, visit LawtonFarmersMarket.com or send an email to lawtonfarmersmarket@yahoo.com.

Bull Bash set for Jan. 6

Jett Solutions will sponsor an actionpacked Bull Bash Jan. 6, 2018, at the Stephens County Fair & Expo Center. Proceeds benefit local communities through ESA Sigma Nu Marlow Chapter philanthropic projects.

Viewed by millions the world over, "Heaven's Gates and Hell's Flames" is a high-impact multi-media production intensified by professional lighting, sound, projectors, screens, visual effects staging and sets. The drama is a series of vignettes about people who make choices throughout their lives, die, and find themselves facing their eternal destination.

The presentation is designed to illustrate the Biblical reality of heaven, hell, "life after death," and the importance of believing in Jesus Christ to assure an eternal heavenly destiny.

Admission is free. Child care will be provided for 4th-grade and younger children who come with parents.

CTAC Live presents Skatetacular

CTAC Live concert series opens 2018 with the Skatetacular: Dreams on Ice. Professional ice skaters, singers, dancers, and cirque acts will glide across the stage at 7:30 p.m. Jan. 19 in the Simmons Center in Duncan.

The cast dreams through the seasons in search for eternal winter, but nothing is more powerful than imagination. They may skate into a fiery solstice or winter storm. It's up to the audience to help Ella find her path back to her winter dream. Tickets are available at the door.

Magic Lantern screens classic films

Magic Lantern Film Society of Cameron University screens DVD presentations of classic films each month in the CETES Conference Center, Room B. The Jan. 19, 2018, screening is at 6:30 Shoppers will find a variety of choices p.m. All other screenings begin at 7:30 p.m.

> "The Good, The Bad and The Ugly" is scheduled for Jan. 19. The spaghetti Western revolves around three gunslingers competing to find fortune in a buried cache of Confederate gold amid the violent chaos of the American Civil War, while participating in many battles and duels along the way. The 1966 Sergio Leone film stars Clint Eastwood, Lee Van Cleef, and Eli Wallach in the respective title roles.

> There is no admission charge, but donations are accepted. For information about the society, or to see a schedule and synopsis of films, visit Cameron. edu/magiclantern.

_____ OF Ν 0 0 O THE



Easton is learning to decorate in this Oh! Christmas Tree photo taken by his aunt and Cotton Electric member, Gina Hawkey. Easton isn't quite 2 and is the son of Clint and Sherry Powell of Lawton.

Enter your "best shot" in our Photo of the Month contest. Entries can be emailed to info@cottonelectric.com or mailed to The Current, 226 N. Broadway, Walters, OK 73572. Winners will receive a Cotton Electric prize package of CEC goodies.

LCT offers 'An Inspector Calls' Lawton Community Theatre presents "An Inspector Calls" Jan. 26-Feb. 4, 2018, at John Denney Playhouse, 1316 NW Bell Avenue. Performances will be at 8 p.m. except those on Sundays, which are at 2 p.m.

"An Inspector Calls" takes place on a night in April 1912, focusing on a prosperous upper middle class family. The tion.

family is visited by a mysterious inspector who interrogates them about their responsibility for the death of a young working class factory girl. They are eventually revealed to have been responsible for the young woman's exploitation, abandonment and social ruin, effectively leading to her death.

Visit LCT-OK.org for ticket informa-



Advance tickets can be purchased in Marlow at Tangles Salon and Frontier Feed, and in Duncan at Crutcher's Western Wear.

For information, call Kelly Sellers at 580-695-4144 or Jackie Cooper at 580-721-0014.

Area churches hosting live drama

Area churches are working together to present "Heaven's Gates and Hell's Flames," a live drama featuring church volunteers as cast and crew members. A series of performances is set for 7 p.m. Jan. 7, 8 and 9 at First Baptist Church of Waurika, 323 East C Avenue.

YOUTH POWER

is for Eighth-Graders! Join us at the beautiful Canyon Camp near Hinton, where you'll experience the exciting world of rural electricity.

DLT presents 'Wizard of Oz'

Duncan Little Theatre presents "The Wizard of Oz" at 7:30 p.m. Feb. 23 and 24 and March 2 and 3 at the Simmons Center in Duncan.

When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away to the magical land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard. Along the way, they meet a Scarecrow who needs a brain, a Tin Man missing a heart, and a Cowardly Lion who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West to earn his help.

Tickets may be purchased at the door.

Win an all- \star expense paid "trip of a lifetime"* to Washington D.C.

Travel with other teens from across Oklahoma on the **Rural Electric Youth Tour** June 8-14-15, 2018





Check with your English teacher or counselor for details, or call us at 580-875-3351



Call 580-875-3351 for details.

Trivia Contest

Volleyball, Swimming

Safety Demonstrations **Operate a Cooperative**

and Hiking

Current News

It's a year-end tradition at Cotton Electric to honor board members and employees for their years of service.





Tim McCary 40 years



Ashley Shortt 15 years



Clint Ingram 15 years



Vickie Smith

15 years

45 years

Matt Winburn 10 years



Travis Romero 10 years



Brenda Peirce 5 years

Safety programs work Employees recognized for accident-free service

Depending on who you're talking with, Cotton Elec- potential accident, yet Cotton Electric employees have tric Cooperative's main priority isn't about making a pretty good safety record that extends over quite a bit something happen when a member flips a light switch. of time.

"Safety," said Larry Phillips. "Some may say it's keepeverybody at the co-op."

As CEC's superintendent of technical services, Phillips coordinates all safety policies, procedures and training. His focus on safety is echoed by CEO Jennifer Meason and supported by the cooperative's board Chace Penn and Adam Metcalfe, who have worked five of trustees.

Providing electric service requires equipment ranging from computer keyboards to large digging augers. About 85 CEC employees carry out tasks as varied as pushing reams of old documents into a paper shredder to riding a bucket 60 feet in the air to repair a high-recognized for 25 accident-free years, and Vikie Jeffrey voltage line.

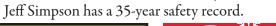
Every piece of equipment and every task presents a

That is an important accomplishment, so important ing the lights on, but I say safety is job number one for that once a year the co-op recognizes employees whose safety records have passed five-year increments. In 2017, 15 CEC employees achieved those five-year marks for a combined total of 260 years of accident-free service.

Employees recognized include Monty McDaniel, years without a time-loss accident.

Josh Belcher, Jennifer Kriz, Ty Logan and Eric Woods, have worked accident-free for 10 years, while Vickie Smith has 15 safe years and David Break has 20.

Angel Bowles, Tonya Daniel and Greg Kohout were and Bob Anderson have achieved 30 years of safety.





Employee of the Year **Cody Pennington**

Cody Pennington was named 2017 Employee of the Year recently.

As grid communications specialist, Pennington's primary responsibility is to assure there is smooth and accurate communication between the co-op's 20,000plus meters and the billing system. His nominator cited Pennington's assistance with installing and launching a pilot project to test a new type of meters as an example of his going above and beyond during 2017. As a member of the IT department, Pennington also keeps employee computers running smoothly.

Cotton Electric members benefit from Pennington's dedication to his work. The 9-year employee provides great member service by answering their questions on SmartHub and with his support of those using the coop's prepaid option, MyChoice.

"Cody has an unfailing cheerful demeanor and positively interacts with all departments and staff, which makes him very approachable and easy to work with. He is a versatile and valuable part of our Cotton Electric team. We are lucky to have him!"

Congratulations, Cody!

STICKING TO A BUDGET IS EASIER WITH MY COMPUTER TURNED OFF.

Makes sense. Less power equals more savings. I'm saving \$105 a year by shutting down all the way. What can you do? Find out how the little changes add up at







Building Farm Ponds & Private Lakes In the Cotton Electric Service Area "Wealth-is-not-measured-in-dollars-"





-Farm Pond and Lake Construction-**Along With**

•Fence Rows •Land Clearing Shearing •Building Pads Serving the Southwest Area **Bulldozers Trackhoes**





Editor's Note: During National Cyber Security Awareness Month, we received so much information to share with co-op members, we couldn't fit it all into one month. We'll feature two or three suggestions each month through July 2018.

Sarah Kiely, who works in IT Community Support for version of The Current features National Rural Electric Cooperatives Association, sent a will take you directly to the page.

list of 20 suggestions to keep personal information safe. Each suggestion includes a few paragraphs of explanation and links to websites.

An easy way to investigate links: Find The Current at CottonElectric.com under Member Services. The online version of The Current features live links, where a click will take you directly to the page.

Save a tree, lighten your postman's load Stop all that junk!



The Current

2018 Publication Schedule

The Current will complete its 61st year of publication in 2018. We look forward to serving the membership with stories, photos and the ever-popular classified ads. Dates listed below are deadlines to reserve display advertising space, deadline to submit a classified ad and the day you should expect your copy of The Current to arrive in your mailbox.

•						
Janua	ry	February				
Ad Sales	Jan. 5	Ad Sales	Feb. 2			
Classified ads		Classified				
Publish Date	Jan. 22	Publish Date	Feb. 20			
Marc	ch 🛛	Apr	il			
Ad Sales		Ad Sales	Mar. 30			
Classified		Classified	Apr. 4			
Publish Date	Mar. 19	Publish Date	Apr. 16			
Max	7	Iun	۵			
May		Jun				
Ad Sales	April 27	Ad Sales				
Classified		Classified				
Publish Date	May 14	Publish Date	June 11			
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Classified	Aug. 29	Classified				
Publish Date	Sept. 10	Publish Date	Oct. 9			
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10001.501						
		(580) 215				
1 or 2 Bedroom A with carpet & mi	partments	2 or 3 Bedroom A Central Heat	Apartments			

For the last several weeks, physical and virtual mailboxes have been stuffed full of sale flyers and merchandise catalogs. That's in addition to seemingly endless solicitations to open new credit card accounts. And the pitches for insurance covering everything from broken water lines to the life of your grandchild to the possible breakdown of your post-warranty automobile or refrigerator.

Here are a few tips for cutting down on the paper pestilence that plagues your postal receptacle:

Opt-Out of Direct Marketing

Reducing the amount of junk mail (unwanted coupons, catalogs, etc.) delivered to your mailbox can be accomplished by signing up for mail preference services with Catalog Choice at: https://www.catalogchoice. org and with the Direct Marketing Association at: https://www.dmachoice.org/

By registering with these organizations your address will be added to the delete list used by advertisers to scrub their mailing lists. You can opt-out of having the Yellow Pages Telephone Directory delivered to your home by registering at: https://www.yellowpagesoptout.com.

Other on-line sources to opt out of direct marketing include:

• AARP - http://www.aarp.org/about-aarp/aarpprivacy-policy-opt-out1

• Acxiom - https://isapps.acxiom.com/optout/optout.aspx

Comcast / Xfinity - http://customer.xfinity.com/ help-and-support/account/do-not-call-do-notmailregistry-requests

• GEICO Marketing - https://www.geico.com/ about/contactus/email

• LexisNexis Direct Marketing Services http://www. lexisnexis.com/privacy/directmarketingoptout.aspx

• Red Plum - https://www.redplum.com/tools/redplum-postal-addremove.html

• ValPak - http://www.coxtarget.com/ mailsuppression/s/DisplayMailSuppressionForm

Legitimate businesses will honor your opt-out requests. These businesses understand that not everyone Out Election form, which wants to receive direct marketing and targeted offers for initiate your online request.

products and services; and that individuals who don't want to receive this type of advertising are unlikely to respond to it by making a purchase.

It is important to understand that there is also a disadvantage to opting out of direct and targeted marketing, and that disadvantage is that you will not receive offers for products and services that might not be generally available in the retail market. When you opt-out, you are opting out of offers from legitimate businesses, some of which you might be interested in receiving.

Opting out of direct and targeted marketing is a choice each of us should make based on our own personal circumstances and preferences. We must each weigh the value of our personal privacy and security against the convenience and advantage of receiving targeted advertising based on our shopping habits and interests identified in personal profiles built by marketing companies.

Opt-Out of Prescreened Credit, Insurance

Many companies that solicit new credit card accounts and insurance policies use prescreening to identify potential customers for the products they offer. Prescreened offers – sometimes called "preapproved" offers – are based on information in your credit report that indicates you meet criteria set by the offeror. Usually, prescreened solicitations come via mail, but you also may get them in a phone call or in an email. If you decide that you don't want to receive prescreened offers of credit and insurance, you have two choices: You can opt out of receiving them for five years or opt out of receiving them permanently.

To opt out for five years:

Call toll-free 1-888-5-OPT-OUT (1-888-567-8688) or visit https://www.optoutprescreen.com

The phone number and website are operated by the major consumer reporting companies.

To opt out permanently:

You may begin the permanent Opt-Out process online at www.optoutprescreen.com. To complete your request, you must sign and return the Permanent Opt-Out Election form, which will be provided after you initiate your online request. Playground on site. Rental assistance available to qualified applicants. This institution is an equal opportunity provider & employer.

washer/dryer hookups & ceiling fans.

Rental Assistance available for qualified applications HUD Section 8 Accepted. This institution is an equal opportunity provider & employer.

Carpet & Mini Blinds, On-Site Laundry

Doc's Place has new hours! Lunch: 11 a.m. - 2 p.m. daily (closed Wednesdays) Dinner: 5-9 p.m. Thurs.-Sat. Book your group for holiday events!

Reserve now for New Year's Eve Party 7 p.m. to midnight Dec. 31 580-228-7055

Facebook @ eatatdocsplace







ELECTRICAL SAFETY ACTIVITY

The holiday season is a festive time of year! Remember to keep electrical and fire safety in mind as you decorate your home.

Can you find the four hazards in the home below? Use the safety tips for clues.

Electrical Safety Tips:

- Do not overload electrical outlets with too many decorations or appliances.
- Never leave a candle burning if you're not in the room.
- Make sure your tree is watered daily.
- Extension cords used for holiday decorations should be checked for fraying/damaged or exposed wires.

····· •







New Year's Countdown Drawings December 29 and 30, 7pm–11pm December 31, 9pm–12:30am Free party favors & a sparkling cider toast at Midnight. Earn five (5) points per entry for drawings.



Frost Bite Freebie

Fridays & Saturdays

Noon-1am Earn 50 points to pick up a plush snowman and scratch off your ticket for a chance to win up to \$25 Comanche Credit & up to \$500 cash! Maximum three (3) times per day.

Fridays & Saturdays 7pm–11pm

Earn five (5) points for every one (1) E-drawing ticket. Drawing for \$100 in Comanche Credit!



September 8, 2017 - January 3, 2018

ACROSS	1	2	3	4				5	6	7			8	9	10
1. Member of a Semitic						_									
people	11				12			13				14			
5. Certified public ac-	45					_		10		_	_	47			
countant	15							16				17			
8. Residue		18				19		20			_	21		_	
11. Sayings attributed to		10				19		20				21			
Christ						22	23				24				
13. The products of hu-											1				
man creativity	25	26	27	28	29										
14. Listen to															
15. Longed	30								31						
16. No (Scottish)															
17. Descriptor	32										33	34	35	36	37
18. Yankees' sensation															
Judge					38	39	40		41	42					
20. Zero															
21. Comics legend Lee					43			44							
22. Honorary title holder			45	40											
25. "Uncle Joey"			45	46											
30. Graceful and stylish	47	48				49				50	51	52	53	54	
31. Pitching term	,	-0				-5				50		102			
32. Former Mets out-	55				-	56		-			57			+	58
fielder Jones 33. One who avoids															
	59					60					61				
animal products 38. Quick to learn															
41. Mechanism in an	62					63						64			
organ 43. Redo with new ma-	(2 I				as of	10	Much		h		40	See al	1	a f an	
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tion			mo	de				-	ouue	33					
50. Cavalry sword			uese o			24. Go places 25. Having ten			46. No longer alive 47. Alaskan island						
55. Bangladeshi mon-		0		-	title				48. Wild animal's resting						
etary unit	 Ottoman military title Movable frame used 		27. Automotive belt			place									
56. Not the bottom		in bu	rials						e ben	L	51	-			
57. Afflicted	5. Type of coal			28. Psyche 29. Melodious bird			51. Swiss river								
59. Bound		6. A treeless grassy plain			34. Medical personnel			52. Partiality 53. "Luther" actor Idris							
60. One who is highly			work	• •			Acqui	-	.150111					Runn	
skilled		ssists					-		verao	e) r.	» »			
61. Jewish spiritual leader	9. Protein-rich liquids				36. Type of beverage 37. Neither			58	58. Criticize						
62. Tall, rounded vase			of pra	-			Spanis		netary	y units					
,		0	•			57.	-1 ⁻¹¹¹⁰								

Pick dates are Friday & Saturday prior to Sunday & Monday games. Check back on Tuesday & Wednesday to see who had the most wins! One participant per each award.



See Player's Club for Details. Valid I.D. Required

Senior Day

Every Tues. 12pm-6pm Guests who are 50+ years can receive \$5 Comanche Credit & a free meal after they earn 2 points on their C Club card.

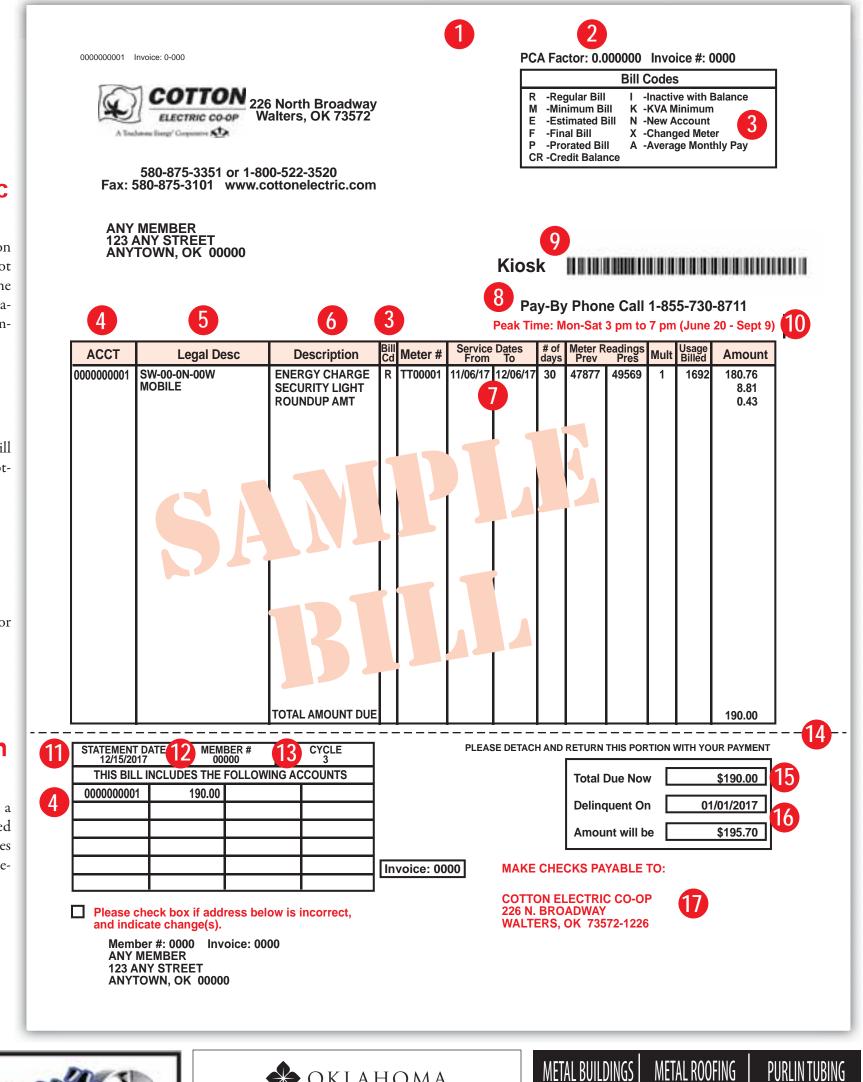
★ Over 100 ★ Gaming Machines

Sunday - Thursday Noon - 11 pm Friday - Saturday Noon - 1 am

Comanche Star Grill Sunday - Thursday Noon - 10 pm Friday - Saturday Noon - 11 pm

580-250-3100

ComancheNationCasinos.com Route 3 Box 82A • Walters, OK 73572 See Casino for details. Must have valid ID. Management reserves all rights. ©2011 Comanche Star Casino



Anatomy of a Cotton Electric power bill

Your monthly Cotton Electric bill includes a lot of information. On the next page is an explanation of some of the numbers and terms.

Don't want a paper bill?

Sign up for an e-bill through our website, Cot-tonElectric.com.

Don't want to worry about due dates?

Consider signing up for automatic bank drafts.

Want to choose when and how much you pay?

Consider MyChoice, a prepaid member-managed solution that eliminates late fees and security deposits.



CLAINTON SEPTIM

asterCa

VISA





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We manufacture and install all types of septic systems and specialize in aerobic systems. Offer complete service or sell parts for do-it-yourselfers!

Financing available on aerobic repairs.

Mon-Fri 8am-5pm • 2401 SE 45th St., Lawton 24-Hour Service





Understanding your electric bill

1. PCA Factor

Cotton Electric Cooperative purchases power from Western Farmers Electric Cooperative (WFEC). The power comes from a blend of fuel sources such as hydro, coal, natural gas, wind and solar. The cost of each source fluctuates each month and Cotton Electric applies a power cost adjustment (PCA) to member bills to reflect the fluctuation. The PCA has been a credit for seven out of the 12 months from January through December 2017.

2. Invoice Number

Bills showing charges for more than one meter will have an invoice number. In addition to simplifying bookkeeping, it saves on the cost of printing and postage for a separate bill for each meter.

3. Bill Code

regular bill.

4. Account Number

This is a unique number assigned to every meter Cotton serves. The number is derived from where the meter is located on the service territory grid. It appears at the top of the bill and below the perforation so both parts will show the number or numbers when they are separated.

5. Legal Description

This is a commonly used locating number. It is not as precise as the Cotton Electric grid numbering system.

6. Description

There may be only one line here for a meter's energy charge, which consists of the customer charge, usage charge, PCA and some taxes. Charges for a security ber account. It will automatically pull to each membership. An individual

Billing cycles tied to fixed dates

Cotton Electric Cooperative uses day of the month. "Cycle Billing" with billing based on erative's automated meter reading system and from meter reader personnel.

Cycle billing means that meter readings and billing occur on specific cycles. Instead of mailing bills to all members on the last day of the month, bills are mailed in two groups. Billing, bank draft and penalty dates are all tied to fixed dates within each month.

CYCLE ONE has black lettering. Bills are mailed the 5TH DAY of each month. Bank drafts are made on the 15th day of the month. Penalties will be assessed on bills paid after the 20th necessary penalty charges.

Operation Round Up can see how much

the bill is rounded up to the nearest dol-

lar, an amount that will never be more

The number of days in a billing period

will vary, usually because of the number

Electronic check or credit/debit card

payments can be made at any time via

this phone number. Listen carefully and

This bar code is unique to each mem-

than 99 cents in any month.

Number of Days

of days in a calendar month.

8. Pay By Phone

follow the prompts.

9. Kiosk Bar Code

7. Service Dates &

CYCLE THREE has some red letmeter readings obtained by the coop- tering. Bills are mailed the 15TH DAY of each month. Bank drafts are made on the 25th day of the month. Penalties will be assessed on bills paid after the first day of the following month.

> The calendar sometimes results in additional days of usage to be included in the meter reading and billing period. Your bill indicates the approximate number of days for which you are being billed.

> The date on which payment is due is also indicated. Returning your payment on time will help you avoid un-

In most cases, this will be an R for a light may be listed here. Participants in up the account when exposed to the bar code reader of a payment kiosk at the Cotton Electric office at 1101 W. Oak in Duncan. Cash or credit/debit card payments can be made at any time at this **16. Delinquent On &** outside kiosk.

10. Peak Time

Energy consumption peaks between 3 and 7 p.m. in the summer months. Conserving energy during those hours will help control your power bill.

11. Statement Date

This will be either the 5th or the 15th of the month. Your billing cycle determines which day of the month your statement will be issued.

12. Member Number

This a second unique number assigned

member may have many meters that fall under the member number. However, each membership counts as one in matters such as voting at district and annual meetings - one membership, one vote.

13. Cycle

Cycle 1 statements are in the mail on the 5th of each month and payment is delinquent after the 20th. Cycle 3 statements are in the mail on the 15th and payment is delinquent after the first day of the following month.

14. Perforation

When paying by mail, please tear off the bottom portion of your bill and return it with your payment. When paying in person, please bring the entire bill with you

15. Total Due Now

All bills are due upon receipt. It is each member's responsibility to pay his or her power bill in a timely fashion.

Amount Will Be

Cycle 1 bills are considered delinquent after the 20th day of the month; Cycle 3 bills are considered delinquent after the first day of the following month. A 3% late penalty is assessed after the delinquent date.

17. Color

Some bills will have some red text in the bottom portion of the bill. There may be a red screen in the heading across the top of the grid showing the account information and charges. Red indicates a Cycle 3 bill. A bill with only black lettering and grey screens is a Cycle 1 bill.

2018 Electrical Rates

General Service Monthly Rate Customer Charge: Single-Phase Service \$30.00 per month Three-Phase Service \$35.00 per month Energy Charges: All kWh \$0.08950 per kWh

The rate includes 6.25 cents per kWh of wholesale wer in our base charge for electricity. Any amount

service and \$35.00 per month for three-phase service, plus a charge of \$1.00 per kVA of transformer capacity in excess of ten (10) kVA.

Adjustments:

The above rates do not include power cost adjustments, gross receipts tax, city tax and franchise taxes where applicable.

Service Reconnection:

When a reconnection of service is made for a Mem-

capacity at the discretion of the Cooperative. Service under this rate is not available wherein transformer capacity requirements exceed one hundred fifty (150) kVA. No resale, standby or auxiliary service permitted. Type of Service:

Single-phase or three phase, at available secondary voltages.

Minimum Charges: (1) A charge of \$35.00 per month for single-phase connected load per year; or

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service. Service Reconnection:

When a reconnection of service is made for a Member at the same location within a twelve-month period after the date the service was disconnected at the Member's request, a charge equal to the sum of the minimum monthly bills determined for the months that service was disconnected will be billed to the customer and must be paid, in addition to the charges for connection in compliance with Operational Policy 553 of the Terms and Conditions of Service.

above or below 6.25 cents will be computed in the Power Cost Adjustment.

Available To:

Available to general service customers for farm, home and residential use subject to the established rules and regulations of the Cooperative. No resale, standby or auxiliary service permitted.

Type of Service:

Single-phase, at available secondary voltage or three-phase at the discretion of the Cooperative.

Minimum Charges:

(1) A charge of \$30.00 per month for single-phase service and \$35.00 per month for three-phase service;

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service.

(3) A charge of \$30.00 per month for single-phase service and \$35.00 per month for three-phase service, plus a charge of \$1.00 per kVA of transformer capacity in excess of ten (10) kVA.

Adjustments:

The above rates do not include power cost adjustments, gross receipts tax, city tax and franchise taxes where applicable.

Service Reconnection:

When a reconnection of service is made for a Member at the same location within a 12-month period after the date the service was disconnected at the Member's request, a charge equal to the sum of the minimum monthly bills determined for the months that service was disconnected will be billed to the customer and must be paid, in addition to the charges for connection in compliance with Operational Policy 553 of the Terms and Conditions of Service.

General Service HD Monthly Rate **Customer Charge:**

Single-Phase Service \$25.00 per month Three-Phase Service \$30.00 per month

Energy Charges:

All kWh \$0.07690 per kWh

The rate includes 6.25 cents per kWh of wholesale power in our base charge for electricity. Any amount above or below 6.25 cents will be computed in the Power Cost Adjustment

Available To:

Available to residential consumers in franchised municipal areas with a line density of 11 customers per mile or greater, subject to the established rules and regulations of the Cooperative. No resale, standby or auxiliary service permitted.

Type of Service:

Single-phase, at available secondary voltage or three-phase at the discretion of the Cooperative.

Minimum Charges:

(1) A charge of \$25.00 per month for single-phase service and \$30.00 per month for three-phase service;

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service.

(3) A charge of \$25.00 per month for single-phase

ber at the same location within a twelve-month period after the date the service was disconnected at the Member's request, a charge equal to the sum of the minimum monthly bills determined for the months that service was disconnected will be billed to the customer and must be paid, in addition to the charges for connection in compliance with Operational Policy 553 of the Terms and Conditions of Service.

Commercial Service Monthly Rate **Customer Charge:** Single-Phase Service \$40.00 per month Three-Phase Service \$45.00 per month **Energy Charges:**

All kWh \$0.08620 per kWh

The rate includes 6.25 cents per kWh of wholesale power in the base charge for electricity. Any amount above or below 6.25 cents will be computed in the Power Cost Adjustment.

Available To:

Available for commercial and industrial consumers up to fifty (50) kVA of transformer capacity, subject to the rules and regulations of the Cooperative. Available for commercial and industrial consumers to one hundred fifty (150) kVA of transformer capacity at the discretion of the Cooperative. Service under this rate is not available wherein transformer capacity requirements exceed one hundred fifty (150) kVA. No resale, standby or auxiliary service permitted.

Type of Service:

Single-phase or three-phase at available secondary voltages.

Minimum Charges:

(1) A charge of \$40.00 per month for single-phase and \$45.00 per month for three-phase service plus a charge of \$1.00 per kVA of transformer capacity in excess of ten (10) kVA; or

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service.

Adjustments:

The above rates do not include power cost adjustments, gross receipts tax, city tax and franchise taxes where applicable.

Commercial Service HD Monthly Rate Customer Charge: Single-Phase Service \$35.00 per month Three-Phase Service \$40.00 per month

Energy Charges:

All kWh \$0.07940 per kWh

The rate includes 6.25 cents per kWh of wholesale power in our base charge for electricity. Any amount above or below 6.25 cents will be computed in the Power Cost Adjustment.

Available To:

Available for commercial and industrial consumers up to fifty (50) kVA of transformer capacity, in incorporated areas with a line density of 11 customers per mile or greater, subject to the rules and regulations of the Cooperative. Available for commercial and industrial consumers to one hundred fifty (150) kVA of transformer service and \$40.00 per month for three-phase service plus a charge of \$1.00 per kVA for transformer capacity in excess of ten (10) kVA; or

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service.

Irrigation Rate Monthly Rate

Customer Charge \$32.50 per month

Energy Charge \$0.06650 per kWh

Horsepower Charge \$2.70 per horsepower of connected load per month

Available To:

Available to Members for pump irrigation service subject to the established rules and regulations of the Cooperative. Service under this rate shall be under the standard Cooperative contract. Motors shall be ten (10) horsepower or greater. No resale, standby or auxiliary service permitted.

Type of Service:

Single-phase or three-phase, at available secondary voltages.

Minimum Charges:

(1) \$32.50 plus a charge of \$2.70 per horsepower of connected load per year; or

(2) Compliance with Operational Policy 556, if applicable, of the Terms and Conditions of Service.

Service Reconnection:

When a reconnection of service is made for a Member at the same location within a twelve-month period after the date the service was disconnected at the Member's request, a charge equal to the sum of the minimum monthly bills determined for the months that service was disconnected will be billed to the customer and must be paid, in addition to the charges for connection in compliance with Operational Policy 553 of the Terms and Conditions of Service.

Interruptible Irrigation

Monthly Rate

Customer Charge \$32.50 per month

Energy Charge \$0.06650 per kWh

Horsepower Charge \$2.70 per horsepower of connected load per month

The Interruptible Irrigation Rate includes 6.25 cents per kWh of wholesale power in the basic charge for electricity. Any amount above or below 6.25 cents will be computed in the Power Cost Adjustment.

Available To:

Available to Members for pump irrigation service subject to the established rules and regulations of the Cooperative. Service under this rate shall be metered with "Time-of-Day" metering or shall have "load interrupting" devices installed on the service. Electric power and energy usage under this rate is prohibited from June 20 through Sept. 9, between the hours of 3 p.m. and 7 p.m. Each year, Members will be given credit for horsepower charges, applied toward but not to exceed energy charges, if no power was used during the prohibited time period. No resale, standby or auxiliary service permitted.

Minimum Charges:

(1) \$32.50 plus a charge of \$2.70 per horsepower of

Large Power Rate

Large Power Rates are available for large industrial loads with a transformer capacity of more than 50 kVA. For details about LP Rates, contact the cooperative at 580-875-3351. Special rates also are available for Cotton Gins.

Outdoor Lighting Monthly Rate

(1) Where an approved Outdoor Light is installed on an existing pole; and (a) where the Outdoor Light is installed on the Cooperative's side of the meter, the monthly charge per light shall be \$8.81 for 175-Watt Mercury Vapor or 100-Watt High Pressure Sodium and \$20.87 for 400-Watt Metal Halide; or (b) where the Outdoor Light is installed on the consumer's side of the meter, the monthly charge per light shall be \$2.60 for 175-Watt Mercury Vapor, \$3.12 for 100-Watt High Pressure Sodium and \$5.98 for 400-Watt Metal Halide.

(2) Should the Member desire a location other than an existing pole, the cost of installation shall be determined by figuring the total cost of labor, materials installed, plus digging and hauling charges, and will be incurred by the consumer. The wire, pole and material will become the property of the consumer.

Available To:

Available to all Members of the Cooperative for illumination of outdoor areas at any point on the distribution or service lines, subject to the established rules and regulations of the Cooperative.

Vandalism:

In the event the Outdoor Light is damaged by vandalism, such as gun shots, rocks, or any other type of vandalism, the Member shall be responsible for the cost of repairing the Outdoor Light.

Power Cost Adjustment:

Due to fluctuations in the cost of fuel for generating wholesale power, it is impossible to buy electricity at the same cost per kWh each month. The base rates include 6.25 cents per kWh of wholesale power cost. Any variation above or below 6.25 cents per kWh of wholesale power cost must be computed as Power Cost Adjustment. The actual PCA factor is indicated on each power bill and is reported in your monthly Cotton Electric Current. Occasionally, when hydro or other low cost generating power is available, a credit is shown on your bill.

This adjustment shall be based on 70 kWh per month per 175-Watt Mercury Vapor Light, 40 kWh per month per 100-Watt High Pressure Sodium Light or 160 kWh per month per 400-Watt Metal Halide, applicable to Rate (1), Plan (a).

Adjustments:

The listed rates do not include power cost adjustments, gross receipts tax and franchise taxes where applicable.

Cotton Electric is required to collect a 2% state gross receipts tax on all power bills.





Fourth-quarter grants announced

Round Up works.

Most Cotton Electric members lett and Carter Waid. participate in ORU, in which power more than 99 cents. On average, ter grants include: each participating member contributes about \$6 each year.

ministered by the Cotton Electric and purchase equipment for the Charitable Foundation, a board of middle and high school science directors that meets quarterly to classes. consider grant applications. The board consists of Jennifer Meason, CECF contributed \$2,000 toward

Pennies, nickels, dimes and quar- the co-op's CEO; Ronnie Bohot, efforts to equip third- and fourthters – set enough of them aside on president of the co-op's board of a regular basis, and the coins add trustees; and three representatives up to dollars. That's how Operation from the Cotton Electric service tive high school serving students area: Carly Douglass, Danny Mar-

The board met in September to bills are rounded up to the near- review 11 grant applications. Grants est dollar. The amount rounded up totaling \$7,817.32 were pledged to 1192: A \$2,500 CECF grant will can be as little as 1 cent and is never four of the applicants. Fourth-quar-

• Bray-Doyle Academic Booster Club: A CECF grant of \$1,943.32 The funds are pooled and ad- will be used to replenish supplies

grade students with Chromebooks. • FAME Academy: The alternafrom Comanche, Walters, Ryan and Velma-Alma will use a \$1,374 CECF to purchase an AED.

• Hugh H. Cherry VFW Post help the Stephens County post serve veterans in a variety of ways.

CECF has awarded or pledged grants totaling \$ 1,029,423.11 since the foundation was established in 2004.

Applications for 2018 first-quarter grants are due Feb. 28. Down-• Comanche Elementary School: loadable applications are available at CottonElectric.com.





- Turn off bathroom and kitchen exhaust fans 15 minutes after the 1. job is complete or install 15 minute timers on bathroom ventilator fans.
- 2. Use bath towels at least twice before washing them.
- Plant trees and shrubs to provide shade on the east, south and 3. west sides of your home. Evergreen trees and shrubs can provide a windbreak on the north side.



Where Will You Be When Reality Strikes? A Live Drama Presentation You Will Never Forget at Waurika First Baptist Church - 7 p.m. nightly Sunday, Jan. 7 • Monday, Jan. 8 • Tuesday, Jan. 9

- Schedule a FREE home energy audit with Cotton Electric's energy use advisor. Call Mike Stephens at 580-875-3351.
- 5. Light your Christmas tree with energy-sipping LEDs
- 6. Plug holiday decorations into power strips and use a light timer to turn them off all at once.
- 7. Don't peek! Keep the oven door closed while baking to maintain the correct temperature.
- 8. Give the gift of energy savings with LED bulbs and Energy Starrated gadgets.
- Pull on a sweater instead of turning up the heat on a cold day. 9.
- 10. Download the SmartHub app and monitor your daily energy use.

Simple terms, strong returns.

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New Rates on Special Term **Certificate of Deposit**



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- LNBOK.com * 855.351.2265
- ★ STEP UP the RATE one time
- ★ ADD FUNDS to the CD one time

Member FDIC

• \$1.000.00 minimum opening balance up to the maximum of \$1,000,000.00 on each special term certificate of deposi

- \$1,000.00 minimum opening balance up to the maximum of \$1,000,000.00 on each special term certificate of deposit.
 Annual Percentage Yield assumes principal and interest remain on deposit for the term of the Certificate of deposit.
 Annual Percentage Yield assumes principal and interest remain on deposit for the term of the Certificate of deposit.
 Special term offers are for the initial monthly term only. This will be a non-reneuable, single maturity certificate of deposit.
 Advertised APY is effective as of June15, 2017, offered at the discretion of Liberty National Bank and may change or be discontinued at any time.
 Account owner may add funds to the C.D. one time during the original term of the C.D. subject to the \$1,000,000,000 limit.
- Option to step up the interest rate one time during the term requires you to visit a Liberty National Bank location to redeem prior to the maturity date. Interest
- Tate step up option is based on LNB published rate for the closest standard term that is equal to or less than the remaining term of the original C.D. It may take up to ten days for the rate change to become effective. Offer good for the initial term only.

Child care will be provided for children 4th grade and under who come with parents

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Hope & Healing Close to Home

Altus • Lawton • Duncan • Chickasha

CANCER CENTERS

of Southwest Oklahoma

580.536.2121 ccswok.com



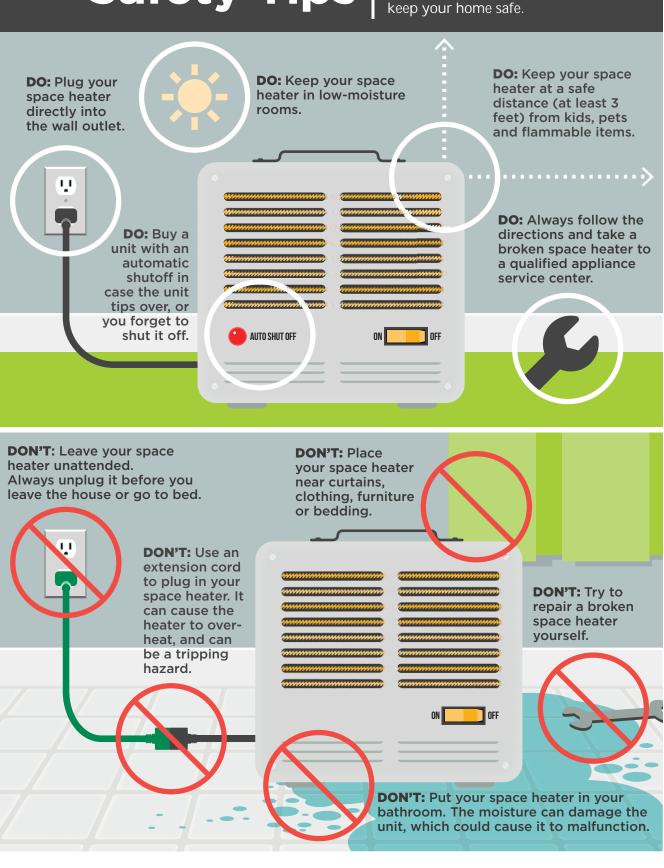
Space heaters are a great way to warm specific rooms in your home without

having to crank up the thermostat, but

using space heaters doesn't come

without risk! Use the tips below to

Space Heater Safety Tips





Need to make a payment by phone? Call our automated system at

1-855-730-8711

Have your Cotton Electric account number and credit card or banking account numbers ready before making the call.

Keep safety in mind with space heater use

Space heaters can help warm a room while giving your household heating system a break. Use them safely to avoid the risk of burns and fire. If you plan to use a space heater, make sure it fits your needs and use with it safety in mind. Safe Electricity offers these tips:

• Look for one that stops heating if it is tipped over. Make sure the heater has been tested by a nationally recognized laboratory and includes up-to-date safety features.

• Place your space heater on a hard, level surface out of high traffic areas and away from flammable materials. Keep it at least three feet from furniture, bedding, or drapes.

• Consider placement if you have children or pets, and make sure cords are not placed under rugs or carpet as they could cause a tripping hazard.

• Always plug your heater directly into an outlet rather than using an extension cord. When plugging in your space heater, make sure that your plug fits snugly in the outlet.

• Use the heater in areas that are continually occupied. Always turn off your heater completely if you are not in a nearby area to monitor it. Turn it off before you go to sleep.

• If your heater requires fuel, make sure that you use the kind specified by the manufacturer, and that it's properly vented to avoid getting deadly carbon monoxide in the home.

• If you have suspicions that your heater may be damaged in some way, stop use immediately.

Wishing you the beauty, blessings and joy this season brings!



Becky Graham, Tina Jones & Karlie Long 403 West Main 580.658.3077 Marlow, OK

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LAND AUCTION Saturday, January 6th, 10:00 A.M.

158 ACRES EXCELLENT FARM, JOINS KIOWA CASINO

High's Auction & Real Estate will be offering at public auction the following described real estate:

SE S11 T5S R13W, Cotton County, 158 acres more or less

To be offered in 2 tracts and then combined.

Tract 1: N2 SE S11 T5S R13W: 80 acres, corrals, bill board

Tract 2: S2 SE S11 T5S R13W: 78 acres (home not included)

Directions: From Lawton, I44 South to Randlett/Highway 70 exit, then West on U.S. 70 to OK 36, then south 2.5 miles passing both Comanche & Klowa casinos.

From Wichita Falls: North on I44, Exit 1, past Red River, go North on OK36 approx. 1 mile to property on West side of highway. Seller: W.M. & June Young WATCH FOR SIGNS!!!

Auctioneers note: This is not only a productive farm with thousands of dollars of improvements already in place, it has access to electricity and water for potential future commercial development. The casinos began on a much smaller scale and have grown over time. The highway exposure, traffic count, access to 8" water lines and electricity contribute to a growing future for the area.

SA: FARM # 4155 * TRACT 6023 * NO WETLANDS Terms: Buyer to provide 10% of purchase price day of sale with balance due at closing. Closing to be held within 30 134.63 Acres cropland Wheat base 35 bu. Yield days of sale date. Personal checks accepted with proper mprovements: 6 wire fencing, metal gates, improved grass i.d. Seller to provide clear and marketable title. Sale is not subject to buyer financing contingencies. Property sold as Pipe corrals with working alley, concrete watering tanks is where is. Surface rights only. Title opinions, lender Electricity and well water for watering fees, appraisals or any required surveys shall be the 8" Tillman County water line on East side of Highway 36 responsibility of the buyer. Sovereign Title of Lawton to administer closing proceedings. Taxes and rent shall be otential future development, Excellent location, 1/2 mile of pro-rated to date of closing. Bidding constitutes Highway frontage acceptance of all terms. See you at the auction !!

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Contact High's Auction & Real Estate Service for all your real estate needs. See website for upcoming auctions and private listings.

Announcements day of sale supersede all previous advertising



Appetizers Sam Waller—Marlow

Stuffed Jalapenos

12 jalapeno peppers 1/2 tsp. smoked paprika 1/4 c. sugar 8 oz. cream cheese, softened 8 slices bacon 1 c. shredded Cheddar cheese 1/4 c. brown sugar 1 clove garlic, chopped

Preheat oven to 400°. Wash and dry jalapeno peppers. Next, cut them in half lengthwise. Remove seeds and membranes. Set peppers aside. Using a mixer, beat the cream cheese, Cheddar cheese, garlic and paprika together until combined. Next, spoon filling equally among jalapeno halves. Cut bacon slices into thirds. Top each pepper with a bacon piece. Place peppers on a baking sheet and bake 25-30 minutes, or until bacon is crisp. During the last few minutes of cooking, sprinkle with brown sugar. Cook until caramelized. 12 servings.

Dips Allie Hale—Central

Snickers Dip

6 Snickers bars
16 oz. cream cheese
1/4 c. brown sugar

1/2 tsp. vanilla 8 oz. Cool Whip

ents in a large bowl. Chill in the refrigerator until cold, or overnight. Dip keeps well in refrigerator for a week. Serve with vanilla wafers, animal crackers or shortbread cookies. Serves 30.

Salads Rae'kyn Rochell—Velma

Orzo Fresh Salad

12 oz. orzo pasta, cooked & drained 1 c. cucumbers, peeled & seeded 1 c. cherry tomatoes, halved 1/2 c. red onion, chopped 1 c. yellow cherry tomatoes, halved 1 bell pepper, chopped 1 c. Kalamata olives, halved Favorite Greek salad dressing 1 c. chick peas, drained

And the winners are ... **Recipes from 2017 Stephens County Cook-Off**

Cook Off was held the first Monday third-place winners received kitchen Bureau Women. in November. Participants included 33 items. Cloverbud participants received a Cloverbuds and many 4-H'ers who en- certificate and kitchen spatula. tered a total of 120 recipes. The young cooks prepared recipes to be judged categories and the top eight were chosen

> Breads Rae'kyn Rochell—Velma

Pumpkin Spice Pull Apart Bread

Current News

3/4 c. canned pumpkin pie mix 1 1/4 tsp. pumpkin pie spice 3/4 c. finely chopped pecans 1 can (8 ct.) Grands Honey Butter Biscuits 1/2 c. powdered sugar 2-3 tsp. milk 2 T. melted butter 1 tsp. vanilla

Heat oven to 350°. Spray 9"x5" loaf pan. In small bowl, mix sugar and pie spice. Separate dough into 8 biscuits, then separate biscuits into 2 layers, making 16 rounds. Brush one side of each round with butter. Spread a little less than a tablespoon of pie filling each. Sprinkle rounds with pecans, sugar and spice mix. Stack biscuit rounds into four towers of four. Bake 45 minutes until golden brown. Cool 10 minutes. Turn upside down on platter. Mix sugar, vanilla, milk and 1/4 tsp. spice. Drizzle over top. Serves 8.

Main Dish Casseroles/Meat Jacob Potesak—Grandview

Chuck Roast with Potatoes

3-5 lb. chuck roast 1 can Coca-Cola (12 oz.) Chop Snickers bars into small pieces. Mix all ingredi- 1, 10.5 oz. can beef broth 3-5 med. to large potatoes 1, 10.5 oz. can French onion soup

> Sear roast in skillet on both sides. Put in crock pot. Add beef broth, French onion soup and Coca-Cola. Dice potatoes into 1/2-1" squares and put in crock pot. Cook for 8-10 hours.

> Side Dishes, Vegetables, Casseroles, No Meat Allie Hale—Central

Cornbread Dressing

9"x9" pan cornbread, cooked 1 boiled egg, chopped 1/2 bunch green onions, finely chopped 1 can cream of mushroom soup 1-2 cans chicken broth Center and leaves of a stalk of celery, finely chopped Salt, pepper & sage to taste

The 34th annual Stephens County monogrammed apron, and second- and sponsored by Stephens County Farm

Editor's note: We apologize for the lack of photos of this year's winning entries. You 4-H members submitted recipes in 15 just had to be there.

What? You're not in 4-H? Get in touch on taste and appearance. Awards were for the final competition. Cloverbuds with Jonathan Jeffrey to find out how to presented to the top three in each cat- brought one of their favorite recipes join. His number is 580-255-0510 and egory. First-place winners received a to the final competition. Awards were his email is Jonathan. Jeffrey@okstate.edu.

> Cakes Cameron Freeman—Teen Leaders

Pumpkin Crunch Cake

1 pkg. yellow cake mix	4 tsp. pumpkin pie spice
16 oz. can pumpkin	1/2 tsp. salt
12 oz. can evaporated milk	1 c. chopped pecans
3 eggs	1 c. melted butter
1 1/2 c. sugar	Whipped topping

Preheat oven to 350°. Grease bottom of 9x13 pan. Combine pumpkin, evaporated milk, eggs, sugar, pumpkin pie spice, and salt in a bowl. Pour into pan. Sprinkle dry yellow cake mix evenly over pumpkin mixture. Sprinkle chopped pecans over cake mix. Drizzle melted butter evenly over everything. Bake for 50 min. Cool completely and serve with whipped topping. Refrigerate leftovers. Serves 12.

Cookies

Wesley Barrick—STAR

Whippersnappers

1 box cake mix, lemon or strawberry 2 1/4 c. Cool Whip, thawed 1 egg, room temperature 2 c. powdered sugar

Combine egg, cake mix, and Cool Whip with a mixer. Mix very well. Drop by small spoons full into powdered sugar and roll into balls. Bake on a greased cookie sheet at 350° for 10 minutes. Remove to cooling rack. 12-15 cookies.

Bars & Brownies

Ashanti Seward—Grandview

No Bake Chocolate Chip Cookie Dough **Brownie Bombs**

3 pkg. (about 42) prepared fu	dge brownie bites
1 1/2 pkgs. Chocolate Candi	Quik
1/4 c. sugar	1 T. vanilla
2 tsp. milk	3/4 c. butter, softened
2 c. all-purpose flour	3/4 c. brown sugar
1.1/2 c. mini chocolate chips.	divided

First, make your dough. In the bowl of a stand mixer fixed with paddle attachment, cream together the butter, brown sugar and white sugar until creamy, about 2 min. Beat in the milk and vanilla. Lastly, beat in the salt and flour until a soft dough has formed. Stir in 1 cup of the chocolate chips. Second, take a brownie bite and place a rounded tablespoon of dough on top. Gently sandwich with another brownie bite, forming a sandwich. Place on a foil lined baking sheet and repeat with remaining sandwiches. There should be about 21. Put in freezer for about 30 min.—1 hour. Once firm, melt the CandiQuik according to package directions until smooth. Dunk each brownie bomb into CandiQuik. Place on foil and top with chocolate chips. Allow chocolate to harden before serving. *Fudge brownie bites find in local store in bakery. 21 servings.

Mix everything in large bowl. Toss with salad dressing. Serves 10-12.

Soups Stews & Chili Wesley Barrick—STAR

Easy Chicken Gumbo

3 T. of butter	1 bay leaf
1 (10 oz.) pkg. frozen okra	1 tsp. ea. salt & pepper
1/4 c. chopped onion	2 c. of canned chicken
1/2 c. chopped green pepper	1 T. parsley
4 c. chicken broth	1/2 c. instant rice
1 (16 oz.) can tomatoes	

In a large saucepan, melt butter. Add okra, onion, and green pepper; stirring constantly until onion is tender. Add broth, tomatoes with liquid, bay leaf, salt and pepper. Bring to boil, reduce heat and simmer 15 minutes. Stir in remaining ingredients; cook ten minutes or until rice is tender and mixture is heated through. Remove bay leaf. 6-8 servings.

Pies

Ayden Hinds—Comanche

Scrumptious Strawberry Pie

Crust	

1/2 c. (1 stick) butter, softened 1 c. flour 3 T. sugar

Filling

2 c. water	2 c
6 T. cornstarch	6 02
3 qts. strawberries, sliced	Wł

sugar z. pkg. strawberry Jell-O hipped cream

Crust: Mix butter, sugar, and flour together. Press into a greased, deep pie plate. Bake at 375° for minutes. Filling: Bring water, sugar, and cornstarch to a boil, stirring until thick and clear. Add strawberries and strawberry Jell-O. Pour into pie shell. Store in refrigerator until set. Serve with whipped cream. Serves 10-12.

Heat oven to 375°. Cook one 9"x9" pan combread without sugar, cool. Crumble cornbread until fine in a large bowl. Add onions, celery, egg, soup and broth to make a wet mixture that is almost soupy. Add salt, pepper, and sage to taste. Pour into large casserole dish. Place in oven until top is brown and dressing is set. Approximately 45 minutes. Serves 12.

Ethnic Favorites Carson Baker—Central

Slow Cooker Red Beans & Rice

1 med. onion, diced 1 bell pepper, diced	1/2 tsp. pepper 1 tsp. hot sauce
1 1 1	-
3 celery stalks, chopped	1 tsp. fresh thyme (or
	1/2 tsp. dry)
3 cloves garlic, minced	2 bay leaves
1 lbs. smoked sausage, sliced	7 c. water
1 lb. dry red beans	10 c. cooked, white rice
1 tsp. salt (or more to taste)	

Rinse and drain beans. Add all ingredients but rice to cooker. Cook 6 hours on high, or 10 hours on low. If thicker beans are desired, mash some of the beans when 1 hour of cook time remains. Remove bay leaves. To serve, place 1 cup cooked rice in a bowl and spoon bean/sausage mixture over the top. Serves 10.

Candy & Novelty Carson Baker—Central

Candy Crackers

2-3 dz. saltine crackers 1 c. brown sugar 2 sticks margarine

Place crackers in a foil-lined jelly roll pan. (I use nonstick foil.) In a sauce pan, melt brown sugar and butter, stirring constantly. Heat to boiling. Boil for 2 minutes, stirring constantly. Pour over crackers. Sprinkle pecans and chocolate chips over crackers. Bake for 10 min. at 350°. Cool in pan for 10 min., then remove from pan and store in airtight container. Serves 12.

All Other Desserts Abbigail Billings—STAR

Red Velvet Cheese Ball

1/2 c. butter, softened
8 oz. cream cheese, softeneo
1 1/2 c. red velvet cake mix
2 T. brown sugar

1/2 c. powdered sugar d 1 c. mini chocolate chips 1 box graham crackers

Cream together butter and cream cheese. Add cake mix, brown sugar and powdered sugar. Mix well. Shape into ball and refrigerate 2 hours. Roll ball in chocolate chips and serve with graham crackers.

Beverages

Carson Baker - Central

Anniversary Punch

ackers	l qt. sugar	1 c. lemon juice
1 c. chopped pecans	1 qt. warm water	1 (2 liter) bottle of ginger ale
1 c. mini chocolate chips	2 (46 oz.) cans pineapple juice	

Stir sugar into warm water until dissolved. Pour into punch bowl and add pineapple juice and lemon juice. Chill until ready to serve, or divide into 2 gallon size Ziploc bags and lay flat to freeze. For cold punch, add ginger ale to chilled mixture and stir just before serving. For slush punch, peel bag away from frozen mixture and chop up very finely in a punch bowl. Add ginger ale and stir before serving. Approx. 24 (80z.) serving

Tis the season for ... colds and flu?

Current News

Best ways to avoid getting sick are still the following: Wash your hands regularly and thoroughly; avoid touching your eyes, nose and mouth with unwashed hands; and stay away from sick people.

Can changes in diet and exercise have an effect? Researchers continue to pursue non-medicine alternatives to preventing and treating a cold. Most agree there remains a lot we do not know about how food, in particular, helps the immune system combat the common cold.

As we head into cold and flu season and the holidays, what, if anything, can you do to prevent or treat those illnesses with food?

It is estimated that 45 million people go on a diet each year in the U.S. Dieting is not particularly good for your immune may consume in celebrating the season. system. Research in animals indicates that the immune system is weakened by as a way to reduce cold symptoms. Rerestricting calories. At the same time, consuming too many calories in the form ber of colds in children who were given of sugary sweets can result in increased 10-15 mg of zinc sulfate daily for five blood sugar levels and increased susceptibility to infections.

Avoid an immune system slowdown during the holidays by keeping an eye on your intake of holiday sweets, eat to counterbalance any extra calories you nuts, lobster, crab and fortified foods ria in fermented foods, have been shown cold.





Zinc has been marketed for many years search has shown a decrease in the nummonths. Similar evidence does not exist for adults, although researchers suggest that there is no reason that zinc would work differently in adults.

You can get plenty of zinc from a diet regularly scheduled meals, and exercise that includes red meat, poultry, beans,

such as cereal. If you feel like your daily to reduce upper respiratory infections, much zinc.

A review article published in 2013 reported that vitamin C supplementation has been shown to reduce the duration important to a healthy immune system. and severity of colds, and that since it is low cost and has very little safety risk, it is worth a try. Foods high in vitamin C include fruits, vegetables and fortified fruits, vegetables, whole grains, lean foods.

Vitamin C for adults is 2000 mg. Longterm intake above that amount could result in health issues. Higher levels may be prescribed by a healthcare provider to correct a deficiency.

Garlic has been suggested as an effective antiviral agent that can help relieve the common cold. However, research your food.

diet is lacking in these foods, talk to your but the type of probiotics used varies doctor about zinc supplementation, as from study to study, making it difficult there are side effects associated with too to decide which probiotic is most effective. Lactobacillus and Bifidobacterium Vitamin C is another nutrient that has strains have shown a positive impact on been used to combat cold symptoms. cold duration. Use should be discussed with your doctor.

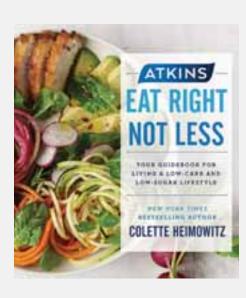
Many other vitamins and minerals are Researchers are still pondering which nutrients are more important than others. No doubt, the nutrients found in meat/protein source, legumes, and low-The Tolerable Upper Intake Level of fat dairy are important to overall health and should be a part of your diet during the holidays.

> Be diligent about incorporating these foods into most meals during the holiday season, and leave the sugary treats for special celebrations only. Exercise instead of dieting and restricting calories.

If you happen to get a cold, consider has yet to show that garlic is effective in increasing your intake of foods containpreventing or decreasing the severity of ing vitamin C. Use caution with zinc colds and is not recommended for any- supplementation, as large doses may have thing other than adding to the flavor of side effects. Work with your doctor to see what strain of probiotics may be most Probiotics, which are the good bacte- effective in reducing the duration of the



LESS IS NOT MORE



•Minor Mechanical Work

If you're looking for more inspiration, tips and recipes, try finding additional resources such as "Atkins: Eat Right, Not Less: Your Guidebook For Living a Low-Carb and Low-Sugar Lifestyle." Filled with 100 whole-food, low-carb recipes and simple solutions, the new book contains a variety of meal plans, lowcarb takes on classic foods and tips for creating a lowcarb kitchen. Readers can also learn about Atkins 100, a flexible and personalized low-carb lifestyle program.

Salted Caramel Cheesecake Bites

Recipe courtesy of "Atkins: Eat Right, Not Less" Prep time: 10 minutes Total time: 1 hour, 10 minutes Servings: 18

- 1/2 cup heavy cream
- 1/3 cup plain protein powder
- 2 tablespoons stevia 6 ounces cream cheese,
- at room temperature 1/3 cup chopped almonds or macadamia nuts
- 1 tablespoon sugar-free caramel syrup
- 1 teaspoon vanilla extract
- 1/8 teaspoon xanthan gum (optional)
- 1/4 teaspoon sea salt or sea salt flakes

In large mixing bowl, combine heavy cream with protein powder and stevia. Whisk until smooth.

Add cream cheese, almonds or macadamia nuts, caramel syrup and vanilla extract; blend until smooth. If cream cheese clumps slightly, mix with rubber spatula, breaking up bits of cream cheese against side of bowl.

Sprinkle mixture with xanthan gum, if desired, and mix about 30 seconds. Mixture will thicken slightly.

Cover tray that will fit into freezer with sheet of wax paper. Using soup spoon, scoop mixture onto tray, making 18 mounds. Alternatively, use two silicone candy molds or empty ice cube tray coated with olive oil spray and press cheesecake mixture into 18 molds. Sprinkle with sea salt.

Freeze at least one hour before serving. Note: Can be stored in freezer up to 1 month.

Tip: Switch up flavors by using sugar-free hazelnut syrup in place of caramel and hazelnuts or walnuts instead of almonds.

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- 214 E. Texas, Walters: \$86,500: 1896 sqft, detached garage, new CHA, metal roof, updated interior.
- 625 E. Texas: Price \$64,900. 3 bed, 1 bath, 1500 sqft, full brick. Updates include; Granite counters, cabinetry, roof and windows
- 603 E. Kansas, Walters: \$197,000. 2279 sqft, 4 bed, 2 bath. Close to Youth Park, newer construction, large yard, well maintained.
- 319 E. Colorado, Walters: \$69,000. 2114 sqft, 4 bed, 1 bath. Older home, many updates, 2 story, large corner lot.

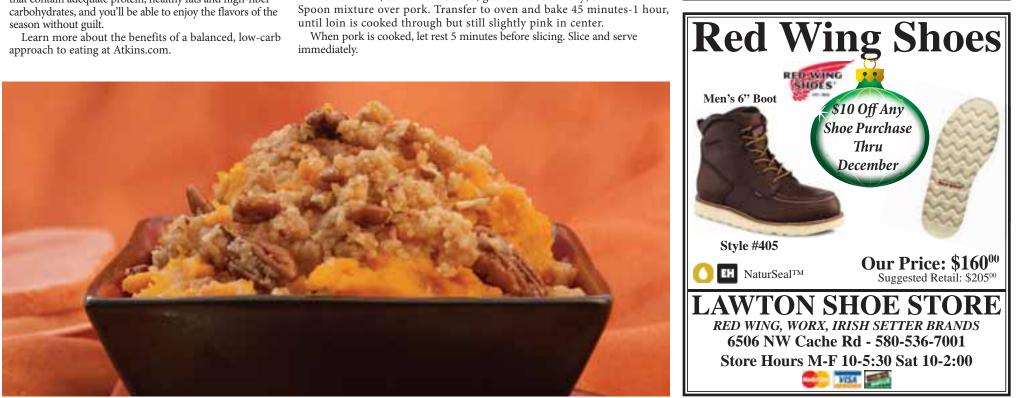
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ATER SOLUTIONS



Happier, Healthier Holidays

FAMILY FEATURES

he holidays are filled with temptations and opportunities to over-indulge, and if you're managing your health and weight, the season can feel anything but merry.

Depriving yourself of your favorite holiday treats isn't only unpleasant, it's also unnecessary. Many experts recommend that instead, you focus on building a healthier lifestyle through a well-balanced, long-term eating plan.

For example, Atkins offers a balanced approach with foods containing fiber-rich and nutrient-dense carbohydrates, as well as good fats and proteins, while focusing on reduced levels of refined carbohydrates and added sugars.

When preparing your holiday menu, look for recipes that contain adequate protein, healthy fats and high-fiber

Garlic Rosemary Pork Loin

Recipe courtesy of "Atkins: Eat Right, Not Less" Prep time: 15 minutes Total time: 1 hour Servings: 4

- 1 pound boneless pork loin
- olive oil cooking spray
- tablespoon Dijon mustard 1
- garlic cloves, minced 3
- 2 tablespoons fresh rosemary, thinly sliced

Heat oven to 350 F.

In small skillet over medium heat, cook pork loin, fatty-side down, 4-5 minutes to brown top and render some fat.

Coat 7-by-11-inch baking dish with cooking spray. Place pork loin in dish. In small bowl, combine mustard, garlic and rosemary; stir well.



Sweet Potato-Pumpkin Puree

Recipe courtesy of Atkins.com Prep time: 20 minutes Total time: 1 hour, 20 minutes

- 3 large egg whites
- 5 tablespoons sugar substitute, divided
- 1/2 cup half pecans
- 1 1/2 pounds sweet potatoes, peeled
- 1/4 cup unsalted butter stick
- 1/2 cup heavy cream
- 1/2 teaspoon salt
- 1/2 teaspoon pumpkin pie spice
- 1/2 teaspoon cinnamon
- 15 ounces pumpkin (without salt, drained, cooked and boiled)

Heat oven to 250 F. Lightly butter baking sheet. In medium mixing bowl, beat egg whites with electric mixer at high speed until foamy. Gradually add 3 tablespoons sugar substitute and continue mixing until soft peaks form. Spoon onto prepared baking sheet and spread with spatula to 1/4-inch thickness. Bake 35 minutes. Turn oven off; let meringue stand in oven 45 minutes. Crush meringue and place in bowl. Add pecans and toss gently to combine. Set aside.

While meringue is resting, place sweet potatoes in medium saucepan. Cover with water to 2 inches above potatoes and bring to boil. Cook until tender, about 20 minutes, and drain. Return saucepan to medium-high heat. Add potatoes, butter, cream, remaining sugar substitute, salt, cinnamon, pumpkin pie spice and pumpkin puree. Stir to combine. Mash with potato masher until smooth. Heat through, about 1 minute.

Transfer potato mixture to serving dish and cover with meringue topping.







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